



SHOBNALL PRIMARY & NURSERY SCHOOL NEWSLETTER

TELEPHONE: 01283 247410 TWITTER: @shobnallprimary E-MAIL: shb-office@shb.itmat.co.uk

11th February 2022

"You are more precious to the world than you'll ever know."

Dear Parents/Carers,

This week, we were delighted to be engaging in Children's Mental Health Week, an annual week-long campaign run by children's mental health charity [Place2Be](https://www.place2be.org/). As you know, this year's theme is **Growing Together**.



Growing Together is about growing emotionally and finding ways to help each other grow. Challenges and setbacks can help us grow and adapt and trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'. For Children's Mental Health Week 2022, we have been encouraging children (and adults) to consider how they have grown and how they can help others to grow. Despite having to manage considerable staff absence this week due to Covid, in school the staff and pupils have taken part in a wide range of activities to promote positivity based around this theme. They have been practising gratitude and mindfulness, taking in lots of fresh air from going on walks around the local area, painting and listening to calming music to name just a few!



Further information on Children's Mental Health week and resources that can be adapted to use at home are available here:

[Parents and Carers - Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](http://childrensmentalhealthweek.org.uk)



All of this work coincides with our successful reassessment of the Wellbeing Award for Schools! Many strengths were identified by the assessor and we are delighted to have had our achievements recognised and celebrated once again! This is a whole school community effort and we must thank all stakeholders for their invaluable contributions in helping the school achieve this accolade for the second time. Well done, EVERYONE!

Whilst there have been no further changes to existing coronavirus measures this week, it has been tricky in school covering staff absences. Other schools in the area are experiencing similar difficulties. The staff who are fit and well have risen to the challenge and covered their colleagues to ensure that face-to-face learning can continue. Apologies if there has been a change to your child's usual routine, but a huge thank you must go out to all those staff who have been able to step into the breach at a moment's notice to ensure high quality learning can continue. We have heard news this week that all current measures, including isolation rules, are due to be scrapped imminently, so please look out for further information on the [Covid-19 Info](#) page when it is announced.

Finally, thank you to all those who were able to attend the virtual parent consultations this week and for sharing so much positive feedback with the class teachers. From all of us here in school, we hope that you have a great weekend and we look forward to seeing you all again on Monday! Enjoy!

Tesco Burton 'Win a 32" Sharp Smart TV for your School' Competition

Could you write a poem about what you love to help school win a 32" Sharp Smart TV? Well, if you can, please submit an entry to Community Champion Michelle Parry at Tesco, Burton for a chance to win this amazing prize! We have registered the school's interest and hope that as many children as possible are able to take part! Children have until the end of February to enter. Good luck!



Pupil Achievements!

We have received great news about some of our pupils' achievements outside of school that we wanted to share with you...

Beatrix has been fundraising for the Little Princess Trust. Last weekend, she had just over 12" of her hair cut off for the charity raising **£275!** We are very proud of her!

If you have any achievements that you would like to share with us, please email the school office and we will be more than happy to add them to the newsletter!

PFA Valentine Disco

A HUGE thank you to the PFA for organising tonight's valentine themed disco for the children. Once the profits have been totalled up, we will let you know how much has been raised! Thank you to all those who have been able to support this event, either by buying tickets or volunteering. Your help is very much appreciated! Your



fundraising has ensured work has now begun on our sensory garden, which the PFA hope to have completed by the spring. We have also begun to explore quotes for the new trim trails for infants and juniors. The children have been choosing the components they would like and it is hoped that work can also begin on these very soon!

Please note the dates of the next set of fundraising events due to take place in the spring term:

- Spring Coffee Morning, Friday 25 March 2022, 9.00 – 11.00am
- Easter Bingo, Wednesday 6 April 2022, 5.00pm

Valentine's Day

St. Valentine's Day is celebrated every year on 14 February. Hundreds of years of traditions and customs have made it into this occasion that we observe today. Here are some interesting facts about the day dedicated to love:

- ♥ Every year, thousands of romantics send letters addressed to Verona, Italy to "Juliet", the subject of the timeless romantic tragedy, "Romeo and Juliet." The city marks the location of the Shakespearean tale, and the letters that reach the city are dutifully answered by a team of volunteers from the Juliet Club. Each year, on Valentine's Day, the club awards the "Cara Giulietta" ("Dear Juliet") prize to the author of the most touching love letter.
- ♥ The Valentine's Day tradition of giving a box of chocolates was started in the 19th century by Richard Cadbury, a scion of a British chocolate manufacturing family. With a new technique recently established at the company to create more varieties of chocolate, Cadbury pounced on the opportunity to sell the chocolates as part of the beloved holiday.
- ♥ During the Victorian Era, those who didn't want the attention of certain suitors would anonymously send 'vinegar valentines.' These cards, also called 'penny dreadfuls' were the antithesis of customary valentines, comically insulting and rejecting unwanted admirers. They were later used to target suffragettes in the late 19th and early 20th century.
- ♥ The term "wearing your heart on your sleeve" may have origins in picking a valentine. During the Middle Ages, men would draw the names of women who they would be coupled with for the upcoming year while attending a Roman festival honouring Juno. After choosing, the men wore the names on their sleeves to show their bond during the festivities.
- ♥ Cupid has been associated with Valentine's Day for centuries. However, before he was renamed Cupid, he was known to the ancient Greeks as Eros, the god of love. Eros, the son of Greek goddess Aphrodite, would use two sets of arrows—one for love and another for hate—to play with the emotions of his targets. It wasn't until stories of his mischief were told by Romans that he adopted the childlike appearance that we recognise today.



World Book Day – Thursday 3 March 2022

You will have received a letter from Miss Barnard by now informing you that World Book Day is back and that we will be planning lots of fun reading activities based around reading!

To celebrate **World Book Day** on **Thursday 3 March 2022**, we would like the children (and staff) to have fun and dress up as their favourite book character! Feel free to be as creative as



you wish! A £5 book token will be on offer for the best costume in each class and you can find some ideas and resources for dressing up here:

<https://www.worldbookday.com/dressing-up-ideas/>

Online Safety Tips

This week marked Safer Internet Day, promoting the safe use of digital technology for children and young people globally. [The UK Safer Internet Centre](#) provides a wide variety of guides and resources to help young people stay safe online. The children had a great day exploring the theme 'All fun and games? Exploring respect and relationships online'.



Young people need to learn to take care of their minds as well as their bodies. Lots of things can damage the way they feel and think, and it's more common than people realise – one in every five children, for example, struggles with their mental health. Sending memes, jokes and messages online is easy – but finding the right words to talk to a friend who's having a hard time can be tricky. Designed to be printed out and displayed in schools, our poster could help your child find the right time – and the right way – to check in with a friend.

In the guide, you'll find tips such as sending nice messages, asking how you can help someone and being a good listener.

Hot Lunch Options – 14 February to 18 February 2022

WEEK 2 11th Oct, 8th Nov, 29th Nov		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH		Chicken with a side of BBQ sauce	Pork meatballs in a tomato sauce	Roast turkey and stuffing	All day breakfast	Fish fingers
VEGETARIAN MAIN DISH		Margherita pizza	Vegetarian Bolognese	Quorn fillet and stuffing	Vegetarian all day breakfast	Quorn nuggets
ACCOMPANIMENTS	5	Herby diced potatoes Garden peas Sweetcorn Salad bar	Pasta Garlic bread Broccoli Carrot batons Salad bar	Roast potatoes Green cabbage Sliced carrots Salad bar	Bread wedge Baked tomatoes Mushrooms Baked beans Salad bar	Chips Sweetcorn Mushy peas Salad bar
DESSERTS		Chocolate sponge and custard	Fruity flapjack	Strawberry jelly and fruit	Shortbread	Fresh fruit and ice cream
FRESH FRUIT & YOGHURT	5	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATOES & SANDWICHES		Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings

School Uniform Exchange

Please don't forget the *school uniform exchange*, which continues! There is a box situated by the gate on the school car park for any parents who have items they wish to donate. Please could we ask that these are cleaned and in good condition before placing in the box! Amy Roobottom continues sorting and collating this. As previously stated, if you wish to contact Amy to ask what is available that you might be in need of, please contact the school office via shb-office@shb.itmat.co.uk and we will ensure this is forwarded to her.



SHOBNALL SHOWCASE!

Let's have a sneaky peek as to what has been going on in our classrooms this week...

EYFS

The Reception children have had a busy week continuing their topic 'Food Glorious Food!' This week the children took part in some planting. They were very excited to follow the steps to plant some cress and can't wait for it to grow so they can use it to make part of a sandwich! There was some great discussion on what plants need to grow and the children are already making careful observations of their own personal cress heads! They also completed some wonderful writing to explain the steps they took to plant their cress.

Wellbeing and mindfulness activities are part of our daily routine in Reception but this week we had some extra special activities to celebrate Children's Mental Health Week. The positive balloon affirmations were by far the most fun; it was fabulous to hear all of the wonderful things the children had to say about themselves.



The Nursery children have had a wonderful time completing lots of outdoor activities this week and have had fun practicing their bike skills. All EYFS children have developed their understanding of staying safe on the internet with Nursery completing activities linked to the story 'Penguinpig' by Stuart Spendlow and Reception focussing on 'Smartie the Penguin.'

Year 1



Year 1 have had a fantastic week in school. In English they have completed their space stories and I must say, they have all worked extremely hard on them. The children have expressed a lot of imagination within their stories and they are packed full of mystery. In Maths we have been exploring numbers all the way up to 50! The children have been trying hard and have all had amazing resilience. They have been using base 10 and ten frames to support their learning. We have been learning about animals in science this week and were lucky enough to go bird watching this week and spot all the different species. The children really enjoyed this activity and it was great to see the discussion amongst the children. As it has been Children's Mental Health Week, the children have dabbled in lots of different wellbeing activities like yoga, colouring and mindfulness. It was a pleasure talking to you all at parents evening, have a lovely weekend.

Year 2

Year 2 have thoroughly enjoyed Children's Mental Health Week this week. Each day the children have done something that supports their overall well-being. On Monday, Year 2 went for a walk to Shobnall Fields with Year 3 – it was so lovely to see all the children revelling in the sunshine. On Tuesday, the children enjoyed having a sing-song at the end of the day. Of course they wanted to belt out some tunes from their current favourite soundtrack... Encanto! On Wednesday, the children requested MORE singing, as it made them feel so happy on Tuesday. The selection included an e-safety song, and 'We Are All In This Together'. As Thursday was another delightfully sunny day, Year 2 enjoyed some extra playtime



to run around. The highlight of the week though, was a movie afternoon in Golden Time where the children watched Encanto, sang along, and most importantly, got ready for the Valentines Disco! In addition to it being Children's Mental Health Week, the children also completed e-safety activities on Tuesday for Safer Internet Day. Year 2 learnt about the different ways to be safe online and explored the topic of 'All fun and games? Exploring respect and relationships online'. Lots of children were astounded to find out the age limits on games and designed a poster with an 'online guardian' that can guide them to make safe choices on games.

Year 3



On Monday morning the children were extremely shocked when they entered a very messy classroom! A dragon egg was found amongst the mess and the children were intrigued to investigate further to find an explanation. We interviewed Miss Martin-Mills to gather further evidence and we recorded this information in the form of direct speech with the correct punctuation.

Tuesday was 'Safer Internet Day' therefore the children explored how we can use digital technology in a safe, responsible and positive manner. As a class, we took part in the 'Safer Internet Day Quiz' and other activities to promote respect and relationships online.

It is Children's Mental Health Week this week and Year 3 have taken part in lots of activities to support their understanding and to develop an awareness of mental health. Each morning we have entered the classroom and listened to some relaxing music whilst completing a mindfulness activity. On Monday afternoon, Year 2 and 3 went on a lovely walk to explore the local area and get some fresh air. We have also taken part in cosmic yoga sessions and practiced rainbow relaxation and balloon belly breathing exercises throughout the week.

Year 4

We have had another lovely week in Year 4! In Maths, the children have been applying their knowledge of timetables to solve area questions, which the children have all done amazing in! The children have finally had the opportunity to write their explanation texts on the water cycle, which have been wonderful to read. Linked to this, we have also started our Science topic of looking at states of matter. A topic I



know the children are really interested in learning more about. We have also finished off our RE unit for this half term, where the children have been looking at the Buddhists teaching of love and compassion and identifying how we can take that teaching into our own lives. A super week Year 4!

Year 5

This week, Year 5 have been raising awareness of Children's Mental Health Week in school by having a lovely walk in the fresh air around the school grounds. The children took part in a music appreciation session which they really enjoyed. On Tuesday 8 February it was Safer Internet day. Year 5 were learning about different apps and their age limits. The children created posters about a specific app explaining the risks of using it.

Year 6

Year 6 have loved sharing their memories from Laches Wood with each other this week - it has been great to hear about all of the fun they had. In English, we are going to use our experiences to write our own recounts as part of a new writing unit. In maths, we have continued with our percentages module, where our knowledge of times tables has been very important in ensuring accuracy and efficiency. In reading, we have been enjoying hearing all about the adventures of Alex Rider in Stormbreaker before considering how the author builds tension and excites the reader.



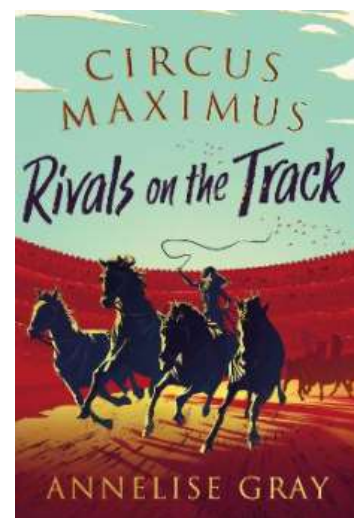
Reading Corner

This week's recommended read is for children aged 9+...

Circus Maximus: Rivals on the Track

Written by Annelise Gray

Dido, the daring charioteer, won readers' hearts in *Race to the Death*, in which she defied the rules to compete in the Circus Maximus, though disguised as a boy, escaping the wrath of Caligula to race another day with her horse Porcellus. Their second outing is just as thrilling. Still hiding from the emperor and now with a price on her head, Dido is living with her uncle in Utica, on the coast of North Africa. She and Porcellus are lying as low as they can to avoid the bounty hunters on their trail, but racing is in their blood and when fate brings her to a brand-new track and a new competition, Dido must take the reins again. With new friends, old enemies and more gorgeous, spirited horses, this is unputdownable stuff! Annelise Gray steers the plot like one of her expert charioteers, a light hand but fully in control and there's a perfect balance between character, adventure and history. Readers will gallop through this!



Head Teacher's Awards

Reception	Ayesha F	Evie J
Year 1	Musa H	Amara I
Year 2	Alicia F	Hadi K
Year 3	Noah O	Jibreel Q
Year 4	Evelina K	Beatrix M-B
Year 5	Chaanakya S	Ameen A
Year 6	Qayyam A	Freya P

Lunchtime Star Awards

Reception	Zayn C
Year 1	Ava B
Year 2	Reece A
Year 3	Lily J
Year 4	Ettie D
Year 5	Keeva D
Year 6	Millie D

Team Points

Team Points	Claymills	Rosliston	Sinai	Trent
Points (Week Ending 11.02.22)	159	111	143	172
Position	2 nd – 3 Points	4 th – 1 Point	3 rd – 2 Points	1 st – 4 Points
Running Total	20	9	12	19

Spring Term Diary Dates

Event	Date/Time
School Closes for Half-Term	Friday 18 th February 2022
INSET Day	Monday 28 th February 2022
School Reopens for Pupils	Tuesday 1 st March 2022
World Book Day	Thursday 3 rd March 2022
Red Nose Day	Friday 18 th March 2022
Mother's Day Lunches – Reception	Monday 21 st March 2022
Mother's Day Lunches – Year 1	Tuesday 22 nd March 2022
Mother's Day Lunches – Year 2	Wednesday 23 rd March 2022
Mother's Day Lunches – Year 3	Thursday 24 th March 2022
Year 1 Class Assembly	Thursday 24 th March 2022
PFA Spring Coffee Morning	Friday 25 th March 2022
Mother's Day Lunches – Year 4	Friday 25 th March 2022
Mother's Day Lunches – Year 5	Monday 28 th March 2022
Mother's Day Lunches – Year 6	Tuesday 29 th March 2022
Year 3 Class Assembly	Thursday 31 st March 2022
PFA Easter Bingo	Wednesday 6 th April 2022
School Closes for Easter	Friday 8 th April 2022

Diary Dates 2021-2022

Event	Date/Time
School Closes for Half-Term	Friday 18 th February 2022
INSET Day	Monday 28 th February 2022
School Reopens for Pupils	Tuesday 1 st March 2022
School Closes for Easter	Friday 8 th April 2022
School Reopens for Pupils	Monday 25 th April 2022
May Day Bank Holiday	Monday 2 nd May 2022
Key Stage 2 SATs Week	Monday 9 th May 2022 – Friday 13 th May 2022
Young Voices	Thursday 19 th May 2022
School Closes for Half-Term	Friday 27 th May 2022
INSET Day	Monday 6 th June 2022
School Reopens for Pupils	Tuesday 7 th June 2022
JTMAT INSET Day	Friday 8 th July 2022
School Closes for Summer	Wednesday 20 th July 2022

CHECK IN WITH YOUR FRIENDS

If one of your friends doesn't seem OK, checking in on them can make a huge difference. One in every five children struggles with their mental health, so let's make sure we support each other through any difficult times.



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 06.02.2021