



# SHOBNALL PRIMARY & NURSERY SCHOOL NEWSLETTER



TELEPHONE: 01283 247410 TWITTER: @shobnallprimary E-MAIL: [shb-office@shb.itmat.co.uk](mailto:shb-office@shb.itmat.co.uk)

12<sup>th</sup> July 2024

*"The more difficult the victory, the greater the happiness in winning."*

Dear Parents/Carers,

With only a week to go until the end of the academic year, the newsletter remains as full and as action-packed as ever!

Last week ended with a trip to Oz as our Year 4, 5 and 6 children performed their own version of The Wizard of Oz, which did not disappoint! For those of you who managed to purchase a ticket for either the matinee or the evening performance, you definitely witnessed a great show. We were so proud of all the children, as not only was their performance in line with 'Broadway' expectations, their conduct, attitude and behaviour were outstanding on what was a very long day. The singing, acting and choreography were amazing, and it was a real treat to see all the hard work the children and staff had put in come together. Thank you to all of you who came along and supported, it was a fabulous show made great by two incredible audiences! Our thanks must also go to the staff who worked so hard in putting it all together, in particular Miss Lord, who led the production with her own unique sprinkle of sparkle and razzamatazz!



You will also have received your child's report this week, which explains the progress he/she has made this year. You are invited to add further details of your child's achievements and comment on the report reply form, which is enclosed with their report alongside details of who their class teacher will be next academic year. If you would like to discuss any issues arising from the report, there will be an opportunity to do so on Monday 15 July 2024 between 3.45pm and 4.45pm. Please note that this is an optional, not compulsory, meeting and should you wish to attend, please contact the school office who will make an appointment with your child's teacher.

Next week's newsletter will be the final one of the year and will be as full as ever with plenty of events happening in school, including the Nursery Graduation on Wednesday and the Year 6 Leavers' Assembly on Thursday.

I think we are probably all still basking in the joy of England winning their semi-final match against the Netherlands on Wednesday! The team did us proud and I'm sure we, along with the whole country, will be cheering them on when they



play Spain in the FINAL on Sunday! Come on England! As always, we wish you all a very relaxing and restful weekend and we look forward to seeing you on Monday! Enjoy!

## Marvellous Makers! The Summer Reading Challenge 2024

The **Summer Reading Challenge** has started! This year's Summer Reading Challenge, produced by The Reading Agency and delivered in partnership with libraries, is 'Marvellous Makers'. The theme is all about creativity.

The aim of the Challenge is to help encourage children to read during the summer holidays so that they maintain and improve their reading levels and interest in reading for pleasure.

The Summer Reading Challenge can:

- Help to prevent the summer reading 'dip' for pupils.
- Ensure pupils are ready for their return to school in the autumn.
- Support the transition between year groups and key stages.
- Improve language skills, especially for those for whom English is a second language.

Children can visit the library to sign up to the Challenge and receive their starter pack. Taking part in the Challenge is completely free. If children cannot visit the library, they can also take part online here [www.summerreadingchallenge.org.uk](http://www.summerreadingchallenge.org.uk) and collect virtual badges and prizes. There is a Mini Challenge for 0-4s and the main Challenge for children aged 5-12. Older children are welcome to take part too! The Challenge ends on 9 September.

The aim of the Challenge is that children borrow and read 6 books (or as many as they are comfortable to read even if this is less than 6) during the summer holidays. Children will receive stickers and other incentives when they visit the library and, when they complete the Challenge, they will receive a medal and a certificate. Children can borrow any fiction and non-fiction as books or audio books and can also make use of the e-library to borrow ebooks, e-audio books and e-comics . . .all of which count! Here is the link to the e-library [eLibrary - Staffordshire County Council](#)

Activities will be running in libraries linked to the Challenge during the summer holidays. The majority of these will be free to attend although booking through the library may be required. If children do not have a library card, joining the library is free and they can do it by visiting a library with a parent or carer or their parent / carer can join online [here](#).

## School Assessment Results

As the year draws to a close, we are finally able to share with all stakeholders the incredible success that we have achieved with the results of all the statutory assessments our pupils have been required to complete.



# RESULTS



We are always proud of our pupils and celebrate their achievements both in and out of the classroom but the results that they have obtained this year truly are fabulous!

The full validated results and comparisons with local and national statistics will be published on our school website imminently, but the main headlines are tremendous. Our reception pupils have scored an exceptionally high Good Level of Development (GLD) that showcases the quality of the provision they have experienced over the course of the year. 93% of our year 1 pupils successfully passed the Phonics Screening Check in June and are now ready to become fluent and competent readers.

Our year 4 pupils completed the Multiplication Tables Check (MTC) and achieved an average score of 23 out of 25, with 60% of the cohort achieving full marks. Wow!

And finally, the year 6 children have again blown us away with their SATs results! All our children met the national standard in reading, grammar, punctuation and spelling, and mathematics.

All these results are amazing and are not only down to the children and staff at school, but you as well. From regular reading at home, spelling support, phonics practice, homework etc, the list goes on. On behalf of the school, I would like to pass on my sincerest thanks and gratitude to all of you, who play such a vital and significant role in the achievement of our wonderful children.

## Year 2 Parents

When your child moves into Year 3 in September, they will no longer be eligible for Universal Infant Free School Meals. If you would like your child to continue having school dinners, please ensure you pay for meals via ParentPay. Our catering provider is launching a new menu in September and a school meal will be priced at £2.73. If you meet the [entitlement criteria](#), you may be eligible for free school meals. If you do, further information on how to apply can be found [here](#).



## Listen up, Speak up

The NSPCC has asked us to promote their 'Listen up, Speak up' digital training to all parents and carers to help keep their own and other children safe.

Please see the link below:

[Listen up, Speak up | NSPCC](#)

Listen up, Speak up will show you:

- some signs a child might be at risk, and steps you can take to help
- how to approach difficult conversations to help keep children safe
- who you can contact if you're ever concerned about a child or their family.

We hope that you find these materials useful.

# NSPCC



## Nursery Places Available for September!

We do still have a few places left in our Nursery setting for September, so please enquire if you or someone else you know within the community, would like a place in our outstanding school.

Further information can be found on our school website [Admissions](#) page on how to apply for a place.



## FREE Uniform!

We have FREE uniform that is available for anyone who needs it, via our donation service. There is a box situated outside the school office for any parents who have old items that they wish to donate. Please could we ask that these are cleaned and in good condition before placing in the box! Amy Roobottom continues sorting, collating and distributing this. If you wish to contact Amy to ask what is available that you might be in need of, please contact her via [amyroobottom@outlook.com](mailto:amyroobottom@outlook.com).

## Online Safety Tips

With the school summer holidays only a matter of days away, many parents and carers will already be planning outings and activities to keep their young ones entertained.

In between those special summer moments, though, there are also likely to be occasions when children happily invest a whole afternoon in Among Us or spend most of their Monday on Minecraft.

As young people's screen time almost inevitably increases over the holidays, parents like to feel confident that their child will stay safe while they're exploring the digital world.

This poster provides some simple solutions to help children avoid frequent online pitfalls and enjoy a more positive experience when they go online this summer.



## Get Your Discounted Compost Bin!

Composting is a great way to recycle scraps from your kitchen and garden and it's much easier to do than you think!

You can get a discounted bin if you live in Staffordshire.

If you're not sure how to get started, watch this simple, [beginners guide to composting](#).



## Repair café dates

20 July - Haregate Community Centre, Leek, ST13 6DJ - 10:00 - 2:00 [Moorlands Climate Action](#)

20 July - Curborough Community Centre, Lichfield, WS13 7NY - 14:00 - 17:00 @ [Lichfield Repair & Share Cafe](#)

26 July - The Globe Foundation, Uttoxeter, ST14 8AG - 1.30 - 16.30 @ [The Globe Foundation](#)

27 July - The Warehouse behind Pinocchios and Escape Time, High Street, Burton - 9:00 - 12:00



## Hot Lunch Options 15.07.24 – 19.07.24

Week 24 June & 19 July 2024

WEEK 1	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main dish</b>	Margherita pizza with baked potato wedges	Pork sausage with creamy mash potato & gravy	Roast beef, with Yorkshire pudding, roast potatoes & gravy	Chicken burger with crispy diced potato	Crispy fish fingers with chunky chips
<b>Vegetarian Main dish</b>	Roasted vegetable pizza	Vegan sausage & mash potato with gravy	Quorn™ fillet with roast potatoes & gravy	Vegetarian burger with crispy diced potato	Crispy vegetable fingers with chunky chips
<b>Accompaniments</b>	Peas & baked beans Salad bar	Peas & carrots Salad bar	Carrots & cauliflower Salad bar	Green beans & sweetcorn Salad bar	Peas & baked beans Salad bar
<b>Desserts</b>	Apple & cinnamon muffin	Shortbread	Flapjack	Jam & coconut sponge	Ice cream
Fresh fruit or yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



Please note that from September 2024, the price of a school meal will increase to £2.73.

## SHOBNALL SHOWCASE!

Let's have a sneaky peek as to what has been going on in our classrooms this week...

### Nursery

Nursery adventures this week...

It has been another busy fun filled week in Nursery!

On Monday, the children had a fantastic time with Mr Attwood learning different ways to balance and had fun playing a game of freeze dance.

Later in the week, the children enjoyed hosting their own picnics in the 'Acting Avenue,' practicing their subitising skills when collecting plates, cups and items of food.

On Friday, we had a wonderful time in Mrs Taylor's Garden, celebrating the wonderful year we've had. We had lots of excited children and teddies and had a brilliant time together during our teddy bears picnic!

### Reception

Reception Adventures this week...

Wow what an exciting week we have had! We can't believe we only have two weeks left of adventures in reception, time flies when you're having fun!

We have been reflecting on our year and enjoyed sharing some of the exciting things we are most proud of. It was great to celebrate each other's achievements! These included, writing our names, reading a book

independently, making new friends, listening at carpet time, sharing and not getting cross with the toys, taking Chase home, doing homework...

On Wednesday we caught football fever as we discussed the current European Football Championships. We then went onto create flags and bracelets to support England and transformed our imagination island into a football pitch. It was great fun having football matches with different characters! We even had ourselves as finger puppets to score a goal.

The next day involved more football themed learning (luckily England won the previous night's semi-final match!) We linked this to our maths and literacy adventures. We made sure our teams were equal and carefully counted the goals scored comparing and problem solving fantastically. We wrote letters to the England manager to find out more about the tournament in Germany.



*"What do the football men eat for dinner?"* (Amelia)

*"Good job for the final."* (Ava. C)

*"Do they go to bed at 7:00 in the night?"* (Thomas)

*"Are they having jam on toast for breakfast?"* (Adam)

*"How many goals have the team scored?"* (Jensen)

*"How big is the pitch in Germany?"* (Rayyan)

On Friday we practiced our ball skills by taking part in some football challenges. It was lots of fun passing the ball to our friends, dribbling around cones and showing our resilience to score a goal!

We are super excited about the final football game on Sunday. We are all hoping to arrive back to school on Monday with big smiles – good luck, England!

## Year 1

What a fabulous week in Year 1! The children have blown Miss Barker away with their amazing knowledge of time and all the children are able to tell the time to the nearest hour. The children have also loved exploring clocks to show different times. In English, the children have continued to write their explanation text about their growing sunflower/cosmos. The children are really excited to be able to bring these home this week. In computing, the children have been learning to code their own rocket game, by changing the colour of their rockets, changing the background and coding which rocket was going to win the race. Well done Year 1 and have a lovely weekend!

**Miss Barker and Miss Alexander would like to ask for any donations for some resources for their classrooms. They are particularly looking for: toy cars, dinosaurs, small figures, small world toys (pirates, space, home etc.), wooden blocks, construction toys, k-nex, stickle bricks, mobilo, babies and dolls, dressing-up outfits. If you are able to help with any of these, they will be very appreciative!**

## Year 2

This week, our Year 2 children have been busy with a variety of exciting activities! In maths, they have been learning about mass and capacity, engaging in hands-on activities to better understand these important concepts. In music, the children have been exploring Tanczmy Labada, learning traditional Polish dances and moves which have brought a lot of joy and energy to the classroom. Additionally, in science, they have been studying plant life cycles and making detailed observations of the sunflowers they have been growing. The children are thrilled to see their sunflowers grow taller each day!

**Evie, in Year 2, has completed the 50 Miles in 30 Days Challenge for the YMCA! She did walking, bike riding, scooter riding, swimming, and barefoot walking. Evie was poorly on 29 and 30 June so, because of this, she had an extra 4 days to complete the challenge! She did it and has raised £270! We are very proud of her! Well done, Evie!**

### Year 3

Another great week in Year 3. We have been working hard in maths, looking at angles and properties of shape and in English we have completed our writing unit focusing on writing diary entries from the perspective of a fossil hunter. Towards the end of the week, we enjoyed our art sessions, where we focused on sculpture and experimented with different techniques to join pieces together without using glue. Most of us were able to create our own 3D, free-standing sculptures.

### Year 4

What a fantastic penultimate week we have had in Year 4! The children have worked incredibly hard this week in maths, and we have now completed our maths for the year! In history, the children have been learning about the importance of the pyramids for the Ancient Egyptians and we even had a go at creating our own pyramid! We also learnt about the mummification process that the Ancient Egyptians used to help their pharaohs into the afterlife. Furthermore, on Thursday, the children completed their fieldwork as part of their Geography unit looking at map symbols. To finish off the week, the children have completed their DT unit for this year and have been creating their torch. It was amazing to see the cooperation and teamwork that the children put into making these. A wonderful week Year 4, well done!



### Year 5

Year 5 have worked their socks off this week! In Maths they have not only completed one, but TWO units of work to ensure they are ready for Year 6! The children enjoyed using cubes to work out the volume of different objects, as well as converting between imperial and metric measures. The highlight of the week, however, was our science lesson, where Year 5 dissected eggs. They certainly had a 'cracking'!

time finding the albumen, chalazae, germinal disk and outer membrane. Keep up the great work Year 5, we are almost there!

## Year 6

What a great week we have had! We started the week with PE and Forest School. We toasted marshmallows and got the chance to use the bill hook to spilt wood. We also used the folding saws to cut up branches from trees. On Tuesday we started to plan our leavers assembly. In computing on Wednesday, we got the laptops out and had the chance to consolidate our learning from previous years by creating PowerPoints and spreadsheets as well as coding. We were very lucky to visit Mrs Taylor's garden on Wednesday afternoon. She made us some delicious cupcakes whilst she talked about all the plants in her garden. We also got chance to reminisce about our teddy bear's picnic we had in Reception over at Mrs Taylor's when Mr Taylor got out the sprinkler. We had so much fun! Thursday was a great day where we spent time completing our topic in art on photomontage. We took inspiration from the artist Chris Plowman, who created a cheese grater cityscape, to make our own cityscapes from images of objects you would find in a department store. A great week had by all!

## Reading Corner

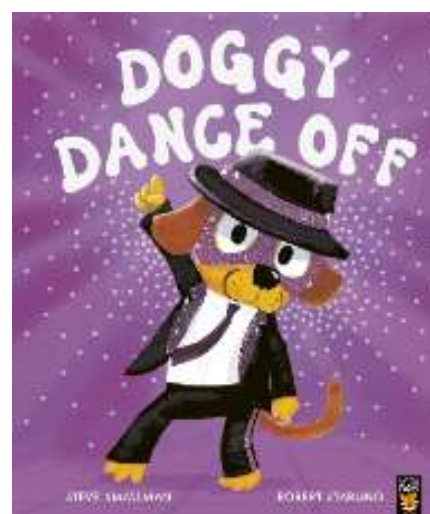
This week's recommended read is for children aged 5+...

### Doggy Dance Off

*Written by Steve Smallman*

A pooch-tastic tale from bestselling author Steve Smallman packed with hilarious illustrations by Robert Starling.

Head down to the Doggy Dance Off, where all the cool dogs meet to wag their tails and stomp their feet. There's body-popping pug, Doug. Duke Doggy Doo, the punk rocker cockapoo! Eva, golden retriever and dance floor diva and . . . one mysterious masked dancer. Who is that body-popping, hand-jiving, groovy mover? This dazzling doggy dance off has a feline twist in its tail.



## Head Teacher's Awards

Reception	Ava C	Harper O
Year 1	Savannah N	Hudhayfah M
Year 2	EVERYONE!	
Year 3	Mariam A	Amara I
Year 4	Dylan S	Keyarah B
Year 5	Dexter J	Evalyn W
Year 6	Evelina K	Isabelle K

## Lunchtime Star Awards

Reception	Kadeem H
Year 1	Alfie T
Year 2	Mohammed-Yahya R
Year 3	George N
Year 4	Ibrahim D
Year 5	Kinza M
Year 6	Lilly L

## Attendance

Please read the [NHS 'Is my child too ill for school?' guidance](#) which has further information if you are unsure whether to send your child to school or not.

We are always happy to advise in line with this guidance, so if you are still in doubt, please contact the school office if your child develops any symptoms and we can discuss this further with you.

**Please note that children can come to school with mild respiratory illnesses.** This includes general cold symptoms: a minor cough, runny nose, or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above.

Let's keep working together to ensure attendance is as good as it can be! Remember, **every pupil, every day!** Thank you for your support.

This week's Attendance Champions are **Year 5!** Well done! Here are the latest figures...



<b>Reception</b>	98.4%	<b>Target</b>
<b>Year 1</b>	95.8%	
<b>Year 2</b>	96.7%	<b>97%</b>
<b>Year 3</b>	99.6%	
<b>Year 4</b>	98.8%	
<b>Year 5</b>	<b>100%</b>	<b>Overall (to date)</b>
<b>Year 6</b>	98.0%	<b>95.0%</b>
<b>Overall</b>	<b>98.2%</b>	

### Team Points

Team Points	Claymills	Rosliston	Sinai	Trent
Points ( <i>Week Ending 12.07.24</i> )	19	14	10	11
Position	1 <sup>st</sup> – 4 points	2 <sup>nd</sup> – 3 points	4 <sup>th</sup> – 1 point	3 <sup>rd</sup> – 2 points
Running Total	11	12	11	17

### Diary Dates 2023-2024

Event	Date/Time
School Closes for Summer	Friday 19 <sup>th</sup> July 2024, 2.00pm
<b>INSET Day</b>	Monday 22 <sup>nd</sup> July 2024

### Summer Term Diary Dates

Event	Date/Time
Nursery Graduation	Wednesday 17 <sup>th</sup> July 2024, 9.00am
Year 6 Leavers' Assembly	Thursday 18 <sup>th</sup> July 2024, 9.00am
School Closes for Summer	Friday 19 <sup>th</sup> July 2024, 2.00pm
<b>INSET Day</b>	Monday 22 <sup>nd</sup> July 2024

### Diary Dates 2024-2025

Event	Date/Time
<b>INSET Day</b>	Monday 2 <sup>nd</sup> September 2024
School Reopens for Pupils	Tuesday 3 <sup>rd</sup> September 2024
School Closes for Half-Term	Friday 25 <sup>th</sup> October 2024
<b>INSET Day</b>	Monday 4 <sup>th</sup> November 2024
School Reopens for Pupils	Tuesday 5 <sup>th</sup> November 2024
Open Evening	Thursday 7 <sup>th</sup> November 2024
Year 5 Whitemoor Lakes	Wednesday 27 <sup>th</sup> November to Friday 29 <sup>th</sup> November 2024
Whole School Trip to Pantomime – Jack and the Beanstalk, Lichfield Garrick	Thursday 5 <sup>th</sup> December 2024, 10.00am
PFA Christmas Market	Friday 6 <sup>th</sup> December 2024
School Closes for Christmas	Friday 20 <sup>th</sup> December 2024, 2.00pm
School Reopens for Pupils	Monday 6 <sup>th</sup> January 2025
Year 6 Laches Wood	Monday 27 <sup>th</sup> January to Friday 31 <sup>st</sup> January 2025
School Closes for Half-Term	Friday 14 <sup>th</sup> February 2025
<b>INSET Day</b>	Monday 24 <sup>th</sup> February 2025
School Reopens for Pupils	Tuesday 25 <sup>th</sup> February 2025

Young Voices 2025	Thursday 27 <sup>th</sup> February 2025
School Closes for Easter	Friday 11 <sup>th</sup> April 2025, 2.00pm
School Reopens for Pupils	Monday 28 <sup>th</sup> April 2025
May Day Bank Holiday – School Closed	Monday 5 <sup>th</sup> May 2025
Key Stage 2 SATs Week	Monday 12 <sup>th</sup> May 2025 to Friday 16 <sup>th</sup> May 2025
School Closes for Half-Term	Friday 23 <sup>rd</sup> May 2025
School Reopens for Pupils	Monday 2 <sup>nd</sup> June 2025
<b>JTMAT INSET Day</b>	Friday 4 <sup>th</sup> July 2025
School Closes for Summer	Friday 18 <sup>th</sup> July 2025, 2.00pm
<b>INSET Day</b>	Monday 21 <sup>st</sup> July 2025



# SUMMER STAY AND PLAY

At East Staffordshire Family Hub

COME AND JOIN US!

DATES:

WEDNESDAY 24TH JULY

WEDNESDAY 7TH AUGUST

WEDNESDAY 14TH AUGUST

WEDNESDAY 28TH AUGUST

TIME:

10.30AM-12PM

WHY PLAY WITH US?

Come and enjoy a range of activities to keep you and your children busy over the summer holidays. The sessions will be suitable for 0-10 year olds.

Booking is essential. Please email [esther.glaser@staffordshire.gov.uk](mailto:esther.glaser@staffordshire.gov.uk) to book your place.

We look forward to seeing you!

FREE EVENT!



# STAY SAFE ONLINE THIS SUMMER

THINK BEFORE YOU POST

SHARE FEEL-GOOD CONTENT & LEAVE POSITIVE COMMENTS

NEWS  
DOUBLE CHECK STORIES - DON'T FALL FOR FAKE NEWS!

MAKE THE MOST OF THE OUTDOORS

Stay off devices just before bed

USE CAUTION ON PUBLIC WIFI

Report bullies & ignore trolls

ENABLE PRIVACY SETTINGS

KEEP YOUR PERSONAL DETAILS PRIVATE

AVOID BINGE STREAMING AND ALL-DAY GAMING

TAKE FREQUENT BREAKS

ENJOY SCREEN-FREE ACTIVITIES

BE CAREFUL WITH IN-APP SPENDING



National Online Safety®

#WakeUpWednesday

# SUMMER SAFETY

#DITCH  
THE  
BLADE

## Knife Crime

Are you feeling pressured to carry a knife as you think everyone else is? The reality is that 99% of 10-29 year olds DON'T carry a knife.

Carrying actually increases your chance of being stabbed or slashed. The risk is real, your knife could be used against you.

Speak up now! You can get help and advice on how to ditch the blade at [www.staffordshire.police.uk/ditchtheblade](http://www.staffordshire.police.uk/ditchtheblade)

County Lines is when gangs and organised criminal networks move illegal drugs into other areas of the country, often smaller areas.

Dealers will take orders from drug users through mobile phones and take advantage of young people to move and store drugs and money. They often do this through blackmail, intimidation and violence.

COUNTY  
LINES  
THE REALITY

DON'T GET  
TRAPPED IN IT!

It may start off as a couple of jobs a week for some much needed cash but you will end up getting caught up in drug trafficking and gangs.





If you feel like there is no way out or you are worried about a friend you can get help and advice at:

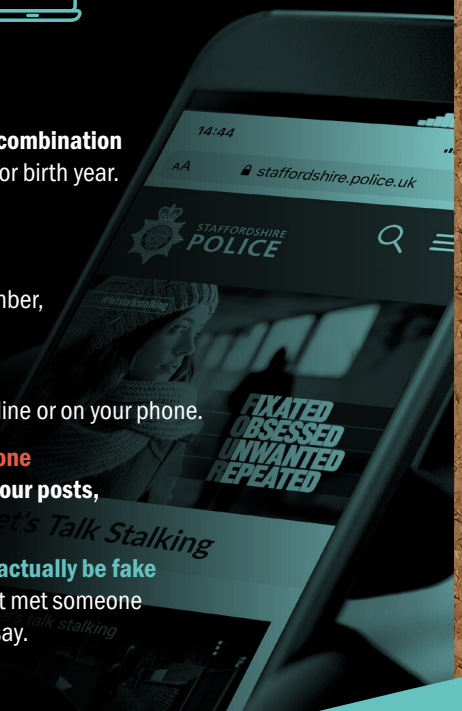
[WWW.STAFFORDSHIRE.POLICE.UK/ADVICE/ADVICE-AND-INFO/CL/COUNTY-LINES](http://WWW.STAFFORDSHIRE.POLICE.UK/ADVICE/ADVICE-AND-INFO/CL/COUNTY-LINES)

## STAY SAFE ONLINE



Follow these top tips when online:

-  Choose a good password and keep this secret. The best passwords have a combination of letters, numbers, and other characters. Avoid using your name, birthday, or birth year.
-  When you are online or using apps check your privacy settings to see if your information is public or private.
-  Stop and think if someone online asks for your full name, address, phone number, school or a photograph. Don't share these details with anyone online.
-  If a message makes you feel uncomfortable you don't have to reply. Always tell a parent or guardian if you are worried about anything you see online or on your phone.
-  Do not say anything or publish pictures that might later cause you or someone else embarrassment. Be aware of what friends post about you, or reply to your posts, particularly about your personal details and activities.
-  You can't always believe what you see online, some of the information can actually be fake - this can include fake facts, images, videos and even people. If you haven't met someone in real life before you chat online be very careful as they may not be who they say.



# OUTDOOR FIRE SAFETY

Respect the outdoors and remember these points when you are out with your friends this summer:



**Take your rubbish home or put it in a nearby bin.**

Don't leave glass bottles lying on the ground. Sunlight shining through glass can start a fire.



**Call 999 if you see a fire – don't try and tackle it yourself** and leave the area as soon as possible.



**Don't use disposable barbecues in the countryside** – they can easily set fire to the ground and spread.

## DON'T BE BLAMED FOR THE FLAMES

# Be Water Safety Aware

When the weather is warm the water can seem so inviting, but it is a risk that is simply not worth taking. Swimming in rivers, canals and lakes is dangerous. Remember these points when out and about this summer:



**Only swim in properly supervised pools**, the dangers of water include: **very cold temperatures, hidden currents, fast flowing water, deep water, locks and weirs, pollution, hidden rubbish and debris.** It may also be difficult to get out and there will not be lifeguards present.



**If you see another person or a pet in trouble in the water do not enter the water yourself. Raise the alarm or if you have a mobile phone call 999** and ask for the fire service. Try and give an exact location of where you are and look for and signs or landmarks. If there is a lifebuoy or throwline nearby throw it to them. If not, throw anything to them that will float.



**If you fall into water by accident try to fight your instinct to thrash about, instead lean back and float on your back while you catch your breath.** Once you are calm call for help or swim for safety if you are able.

Off-road bikes and e-scooters are illegal to use in any public space such as pavements, roads and green spaces. They can only be used on private land with the permission of the land owner.

## Keep busy this summer!

Space runs fun activities for 8-17 year-olds during the school summer holiday across Staffordshire and Stoke-on-Trent.

For more information about what is on and to book a place visit:  
[www.staffordshirespace.uk](http://www.staffordshirespace.uk)

**Space**  
Live • Laugh • Learn

[www.staffordshirespace.uk](http://www.staffordshirespace.uk)

# You're Not Alone

If you feel unable to cope, worried about your own mental health or someone you care for, you're not alone – help is available.

## Samaritans

– you can talk to someone 24 hours a day, 365 days a year.

📞 116 123

## Shout Crisis text line

– a free, 24/7 text messaging support service for anyone who is struggling to cope.

📱 Text 'SHOUT' to 85258



## Useful Contacts

We want young people to be happy, feel safe and listened to.

We want you to know there is always somewhere to turn to if you need help.

Here are some other helpful websites and numbers:

**Childline** – a free, private and confidential service where you can talk about anything. They can also advise on how you can report and remove a nude image shared online.

📞 0800 1111 🌐 [www.childline.org.uk](http://www.childline.org.uk)

**NSPCC** – help young people at risk and find the best ways to prevent child abuse from ever happening.

📞 0800 1111 🌐 [www.nspcc.org.uk](http://www.nspcc.org.uk)

**Victim Support** – there for anyone who has been affected by crime, whether it was reported or not, and no matter how long ago it happened. Victim Support will provide **free, confidential support** so you can move forward with your life. The Victim Support website also includes a live chat function.

📞 0808 1689 111

🌐 [www.victimsupport.org.uk](http://www.victimsupport.org.uk)

**Fearless** – an independent charity that allows people to pass on information about crime **100% anonymously**. They provide a route for passing details of crime **securely and safely via the Fearless website**.

🌐 [www.fearless.org/en](http://www.fearless.org/en)



STAFFORDSHIRE  
POLICE



Staffordshire  
Fire and Rescue Service  
preventing • protecting • responding



STAFFORDSHIRE COMMISSIONER  
Police | Fire and Rescue | Crime

**SASCAL**  
STRONGER TOGETHER

Supported by the  
SASCAL Safer  
Schools Alliance.