



SHOBNALL PRIMARY & NURSERY SCHOOL NEWSLETTER

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18th March 2022

"Success is the sum of small efforts repeated day in, day out."

Dear Parents/Carers,

In school this week, it has been British Science Week! The theme this year has been 'Growth' and I know from dropping into classrooms that the children have really enjoyed exploring all the wonderful things around them connected with this topic. They have also loved conducting their own investigations, which has given them a greater insight into how a scientist works! You may wish to continue with some of this learning at home through encouragement of exploration outdoors, in the community or in local cultural spots. This could be anything from going on a nature walk around local parks, to spotting STEM in action on the streets around pupils' homes. Many of the CREST activities available at <https://www.britishscienceweek.org/> are quick and easy to do as fun outdoor challenges too.

Today, we've certainly seen a little more than simply 'a flash of red' in school as all of the children and staff joined in with the spirit of Comic Relief by wearing non-uniform today! We hope you have enjoyed some of the 'best jokes' as they have appeared on Twitter throughout the day too! Thank you to everyone who has made donations so far. We know that your contributions will help make a huge difference to people living incredibly tough lives and will let you know the final total raised by the school once this has been totalled up.

As always, please keep checking the [Covid-19 Info](#) page for updates related to schools and the pandemic. Covid-19 has not gone away and although we now have guidelines rather than legal requirements, our hope is that everyone in our community does choose to adhere to these guidelines. We thank you, as always, for your support with this.

We hope that you have a great weekend and we look forward to seeing you again on Monday! Enjoy!

Reminders!

Please don't forget to look at the diary dates at the end of the newsletter each week, as these are updated on a regular basis.



Year 1 will be leading their **class assembly** on **Thursday 24 March** for parents. We do hope that you are able to join us! It will start at 9.15am and will be held in the school hall. We look forward to seeing as many parents there as possible!





The PFA will be holding a **Spring Coffee Morning** on **Friday 25 March** in the school hall from **9.15 to 11.00am**. The PFA really need some cake donations, which are warmly welcome from Thursday 24 March in preparation. Please send all donations to the office and we hope to see you there! If you are not able to stay for coffee and cake but would like to support, take away options will be available!



We would love to see as many of you as possible at our **PFA Easter Bingo** as there is a chance you could win chocolate eggs and other Easter themed prizes! This will be held on **Wednesday 6 April** in the school hall. Doors open from **5.30pm** with 'eyes-down' at **6.00pm**. Mr Adams has been nominated as bingo caller and tea, coffee, cold drinks, hotdogs, burgers and other snacks will be on sale. During the 'break', there are Easter themed games planned. The bingo books will be available to purchase on arrival.



The PFA do need chocolate prizes to award on the night and would like your help! **On Friday 1 April**, the children (and staff) are allowed to come to school in **non-uniform**! The charge for this is for all pupils to bring in a chocolate item to be given as a prize at the bingo – an Easter egg would be great. We do hope that you are able to come and support this event, which is always tremendous fun!



After the success of the last film night, the PFA have planned another **Film Night** on **Tuesday 24 May** for children in Reception to Year 6 from **3.30 to 5.15pm**. Each class will select their own film to watch in their classroom, with drinks and snacks on sale to buy. Tickets will go on sale from Monday 9 May. Further details to follow.

Nursery Places Still Available for September!

Please note that there are still a few places left in our nursery for September, so enquire if you or someone else you know within the community, would like a place in our outstanding school. Further information can be found on our school website [Admissions](#) page on how to apply for a place.



Online Safety Tips

This week, we're bringing you **two** online safety guides. The first one is around the theme of supporting children to deal with upsetting content online and the second marks the advent of this year's Red Nose Day.

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From the continuing impact of COVID-19 to the war in Ukraine, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

In the guide, you'll find tips on a number of items such as encouraging your child to ask questions, setting limits and to emphasise hope.

A free online safety guide on how to **Brighten Someone's Day Online**. Living a good digital life doesn't only mean avoiding the bad stuff like online trolls, scam adverts or gory video games. Sometimes it's about celebrating the good things: how the internet has the power, for example, to help people improve



each other's day with a kind word, a supportive comment or a well-timed meme. Comic Relief 2022 has the theme of 'You' – proposing that these small acts of kindness, if performed by enough people, can make a massive difference. In support of this year's Red Nose Day, see the special guide with some suggestions on how we can all bring a smile to someone's face by being more positive online - including video calling, posting a kind comment and sharing a feel-good playlist.

Hot Lunch Options – 21 March – 25 March 2022

Please don't forget that Mrs Inger is running a competition at Shobnall Primary & Nursery School! Pupils have been invited to design a menu for Mrs Inger to cook one day for their lunch! She cannot wait to see the entries! The competition will be running until Easter. Please hand entries directly to Mrs Inger! Watch this space for the winner and the winning menu. Good luck everyone!

We are also looking forward to opening our doors at lunchtime next week for the start of our run of Mother's Day lunches! It will be great to see you there!

  		WEEK 3 10th & 31st Jan, 28th Feb, 21st Mar				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH		Chicken burger in a soft bun	Beef Lasagne	Roast Turkey & Stuffing	All Day Breakfast (Pork)	Fish cake
VEGETARIAN MAIN DISH		Quorn burger in a soft bun	Vegetable Lasagne	Quorn Roast & Stuffing	All Day Breakfast (Quorn)	Quorn Nuggets
ACCOMPANIMENTS		Potato Wedges Sweetcorn or Baked beans	Garlic Bread Peas Carrots Salad Bar	Roast potatoes Cabbage Carrots Salad bar	Hash Brown Baked Beans Sweetcorn Salad bar	Chips Baked Beans Mushy peas
DESSERTS		Pudding of The Day	Pudding of The Day	Pudding of The Day	Pudding of The Day	Pudding of The Day
FRESH FRUIT & YOGHURT		Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATOES & SANDWICHES		Jacket potato Cheese & Beans	Jacket potato Cheese & Beans	Jacket potato Cheese & Beans	Jacket potato Cheese & Beans	Jacket potato Cheese & Beans

School Uniform Exchange

Please don't forget the *school uniform exchange*, which continues! There is a box situated by the gate on the school car park for any parents who have items they wish to donate. Please could we ask that these are cleaned and in good condition before placing in the box! Amy Roobottom continues sorting and collating this. As previously stated, if you wish to contact Amy to ask what is available that you might be in need of, please contact the school office via shb-office@shb.jtmat.co.uk and we will ensure this is forwarded to her.



SHOBNALL SHOWCASE!

Let's have a sneaky peek as to what has been going on in our classrooms this week...

Nursery

This week in Nursery, the children have continued with their 'Sunflower Challenge' and have been removing a seed from its pot to look at any changes. We have been amazed by what has happened in the compost, and the size of some of the roots, when nothing actually appears to be growing! The children are learning and using lots of new vocabulary daily by carrying out this challenge. We have also read the story of 'The Enormous Turnip' and have been comparing the weights of objects, using

our hands and a balance scale and have been learning about healthy and not so healthy foods. Forest School continued to be a muddy one, which always adds to the excitement of the session! This week, the children were brilliant at handling hammers, to transfer dye from flowers onto cloth, a Japanese art form called 'Hapa Zome'. Well done children, another fun packed week of learning!



Reception

The Reception children have had an exciting week working fantastically in all areas of learning.

They have explored understanding the world through science this week with a focus on growth. The fun began with some planting, the children made some great predictions and followed instructions brilliantly to plant grass seeds. As part of the investigation the children decided to test if the seeds would grow in various conditions including in the dark, without water and without sun. We are all hoping at least some grass grows so Miss Alexander's bunnies can have a treat!

The growth theme continued on Thursday when the children headed over to Mrs Taylor's garden. They were

fascinated to learn about different flowers and blossoms and noticed lots of signs of plant growth. They were also lucky enough to plant a seed and a primrose.

We have also continued our learning on boats with a focus on history. The children enjoyed creating a timeline of boats and were all very interested to see how boats have changed over time.

Year 1

Year 1 have had a great week this week. We have continued to write our instructions for a jam sandwich for English. We even got the opportunity to make a jam sandwich testing out how good our instructions were. In maths this week we have been focusing on measuring weight and capacity. There have been a lot of practical resources used to help the children understand the concept. This week has been science week and the children have taken part in an investigation. The children made Gentoo Penguin nests out of natural materials and then put their nests to the test to see if they would survive harsh winds and rain. Well done Year 1 for another fantastic week of learning!

Year 2

Year 2 started their week off with tackling a new unit of maths - Fractions! They have quickly grasped the new concept and can easily identify a half of shapes and amounts and are starting to develop their understanding of finding a quarter of shapes and quantities. In English, Year 2 have continued their learning about Charlie and The Chocolate Factory. The children wrote some brilliant descriptions of their first steps into The Chocolate Factory in the first person, as well as a character description of the bizarre yet fascinating Willy Wonka! On Tuesday, the children started their science investigation around the question "What habitat does cress grow in best?". Using all their new knowledge of habitats, the children planted cress seeds into a variety of micro-habitats and have been making daily observations on the progress of growth - it has been very exciting, and we can't wait to see next week if our predictions were correct!

Year 3

We have had a lovely week in Year 3. The children have written a non-chronological report about forces and magnets in their English lessons. After learning about this topic in Science, the children included lots of detail and interesting facts. In our guided reading lessons, we are reading 'Charlotte's Web'. On Thursday, the children enjoyed practicing the skill of summarising by creating a story board focusing on the key parts of the last chapter we read as a class. The children are enjoying exploring Charlotte's intriguing character and are eager to find out what happens next. We have focused on French in our topic lessons. Earlier in the week, the children created their own family tree and labelled their family members in French. A great week, well done Year 3!



Year 4

Year 4 have had a wonderful week this week! In Maths, we have continued our unit of fractions where we have been looking at mixed numbers and improper fraction questions. In English, the children have written their own narrative to finish off the story of the saga of Bjorn! Across the curriculum, the children have completed our unit of DT where they have been creating their own bread! Firstly, the children designed their own and on Thursday had the opportunity to create it! The children showed real determination and teamwork to create the bread. I have also been so impressed with how hard the children have continued to work on their timetable. Keep it up Year 4!



Year 5

What an exciting week in Year 5! The children have really enjoyed British Science Week and they have taken part in science investigation linked to growth. Children have been investigating whether taller people can run faster and they thoroughly enjoyed this.

Children have also started their new science unit this week - Living Things - where they have been learning about how pollination occurs.



Year 6

Another fab week for Year 6 - we have been working hard on our stories, including key features and capturing the imagination of the reader. In maths, we have moved on to focus on measures, exploring imperial and metric measures in more detail and applying this knowledge to problem solving. As part of our transition work and linking with Science Week, we were lucky to take part in a workshop with Mr Heath, a science teacher from John Taylor High School, where we had lots of fun and learnt new facts! We have ended the week wearing red and telling jokes for Red Nose Day, all in aid of Comic Relief.

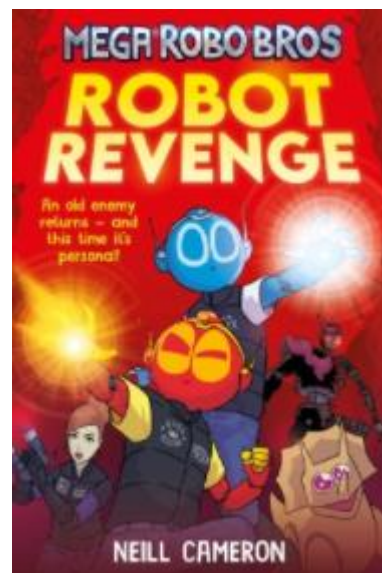
Reading Corner

This week's recommended read is for children aged 9+...

Mega Robo Bros: Robot Revenge

Written by Neill Cameron

In case you haven't come across them in the Phoenix Comic (in which case you're seriously missing out) Alex and Freddy are robot brothers – super strong and sentient – being brought up by their inventor 'mum' and dad as close to ordinary kids as possible. They go to school, they argue (a lot) but they're also agents for secret agency R.A.I.D. which, in Freddy's words, means they have to 'fight evil robots and stuff'. This new adventure once brings them up against the evillest robot of them all, Wolfram, who has a personal vendetta against our heroes. There's as much explosive, kapow action as you could hope for, but also lots of ordinary home life/school stuff which is just as enjoyable and just as gripping. Neill Cameron is a brilliant illustrator and a first-rate writer too, don't miss this series.



Head Teacher's Awards

Reception	Kaleb G	Dahlia L
Year 1	Alizah A	Jackson B
Year 2	Oliver M	Keyarah B
Year 3	Euan W	Halima L
Year 4	Jenson S	Joseph W
Year 5	Amy R	Ben B
Year 6	Imaan F-M	Adam Cr

Lunchtime Star Awards

Reception	Aleem A
Year 1	Mason E
Year 2	Sebastian J
Year 3	Dexter K
Year 4	Henry Mc
Year 5	Archie G
Year 6	Joshua L

Team Points

Team Points	Claymills	Rosliston	Sinai	Trent
Points (<i>Week Ending 18.03.22</i>)	144	87	135	104
Position	1 st – 4 Points	4 th – 1 Point	2 nd – 3 Points	3 rd – 2 Points
Running Total	34	13	24	29

Spring Term Diary Dates

Event	Date/Time
Mother's Day Lunches – Reception	Monday 21 st March 2022
Mother's Day Lunches – Year 1	Tuesday 22 nd March 2022
Mother's Day Lunches – Year 2	Wednesday 23 rd March 2022
Mother's Day Lunches – Year 3	Thursday 24 th March 2022
Year 1 Class Assembly	Thursday 24 th March 2022 @ 09:15
PFA Spring Coffee Morning	Friday 25 th March 2022
Mother's Day Lunches – Year 4	Friday 25 th March 2022
Mother's Day Lunches – Year 5	Monday 28 th March 2022
Mother's Day Lunches – Year 6	Tuesday 29 th March 2022
Year 3 Class Assembly	Thursday 31 st March 2022 @ 09:15
Non-Uniform Day	Thursday 1 st April 2022
PFA Easter Bingo	Wednesday 6 th April 2022
Reception Class Assembly	Thursday 7 th April 2022 @ 09:15
School Closes for Easter	Friday 8 th April 2022

Diary Dates 2021-2022

Event	Date/Time
School Closes for Easter	Friday 8 th April 2022
School Reopens for Pupils	Monday 25 th April 2022
May Day Bank Holiday	Monday 2 nd May 2022
Key Stage 2 SATs Week	Monday 9 th May 2022 – Friday 13 th May 2022
Young Voices	Thursday 19 th May 2022
The Queen's Platinum Jubilee Celebrations!	Friday 27 th May 2022
School Closes for Half-Term	Friday 27 th May 2022
INSET Day	Monday 6 th June 2022
School Reopens for Pupils	Tuesday 7 th June 2022
JTMAT INSET Day	Friday 8 th July 2022
School Closes for Summer	Wednesday 20 th July 2022

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From the continuing impact of COVID-19 to the war in Ukraine, right now children across the globe can scarcely go online without being exposed to upsetting stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before assuming your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they have seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional responses. With older teens, you can be more open about the realities and consequences of what is happening – but again, be stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make us feel angry, scared, or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



6 CONSIDER YOUR EMOTIONS

It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screen time and content can be difficult at the best of times, but especially in unusual or stressful periods (at the start of the pandemic, for example), it's virtually impossible to keep children away from upsetting content completely. But it's important to try and at least limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones constantly send us push notifications, even urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instincts may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage life content when they are exposed to it. Talk about upsetting content more generally with your child and emphasize that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Caitlyn Jorgensen is the director of FaceIt South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceIt helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Source: <https://www.nos.gov.uk> & <https://www.nationalonlinesafety.com>



National Online Safety

#WakeUpWednesday



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