



# SHOBNALL PRIMARY & NURSERY SCHOOL NEWSLETTER

TELEPHONE: 01283 247410

TWITTER: @shobnallprimary

E-MAIL: [shb-office@shb.itmat.co.uk](mailto:shb-office@shb.itmat.co.uk)

31<sup>st</sup> March 2023

*"The very first Easter taught us this: life never ends, and love never dies."*

Dear Parents/Carers,

How quickly has this term gone?! It seems like only yesterday that I was welcoming you back after half-term! On behalf of everyone in school, I would like to take this opportunity to wish each and every one of you a very happy Easter! I have seen and spoken to many of you this week, either on the gates or at some of the events that have taken place in school, but if I haven't, I hope that you all have a great holiday and I look forward to catching up with you when the children return on **Monday 17 April 2023** for the start of the summer term (when hopefully, the weather will be a little bit brighter and warmer!)



Despite it being the last week of the spring term, the pace has certainly not slowed down in any way, shape, or form! As well as the usual range of fun and engaging learning activities taking place in classrooms, we have continued to celebrate the fabulous achievements of all our children outside of the classroom too, with a silver medal for our Year 5 and Year 6 Hockey Team last week at the tournament at Shobnall Leisure Complex, a fantastic win for our Year 4 High Five Netball Team at the tournament at John Taylor High School on Tuesday and a very special Easter Service led by Father Robin on Monday!

Huge thanks to our PFA and to everyone who was able to come and support our Easter bingo event on Wednesday! What a fabulous evening we had, which certified why this is one of my favourite events of the academic year! A total of **£364.52** was raised, so thank you once again for your kindness and generosity both prior to, and during the event. Although much of the chocolate left over was given to all the children in attendance, we have donated what remained to our local food bank. Thank you once again for supporting the school.

We have been adding to the school calendar for next term, so please look to the end of the newsletter in order to make a note of the relevant dates in your own diaries at home.

There have been no further updates regarding the carriageway works along Shobnall Road and Forest Road since last week. Work will continue along Forest Road between the hours of 8am to 5pm, with all traffic needing to enter and exit via the Burton town centre direction until this phase of the works is completed in April 2023. As far as we are aware, the work is on schedule to be completed then.

However you choose to enjoy your Easter break and whatever it is you decide to do, please make sure you look after yourselves and we look forward to welcoming you back to school on **Monday 17 April**. Happy Easter, everyone!

## Easter

**Easter**, also called **Resurrection Day**, is a holiday that is celebrated every spring. Among Christians, it is a celebration of Jesus Christ being raised from the dead. Christians believe that it is the most important day of the year. Some people who are not Christians celebrate Easter as the beginning of spring. Many people attend a church service on Easter, even if they do not regularly attend church. We thought it would be interesting to share some facts with you about this very special day:



- Easter is not held on the same date every year. This is called a *moveable feast*. Currently, all Christian churches agree on how the date is calculated. Easter is celebrated on the first Sunday after the first full moon which occurs on or after March 21st. This means it is celebrated in March or April. It can occur as early as March 22 and as late as April 25.
- The English word "Easter" is derived from *Eostre*, the name of the Anglo-Saxon goddess of spring. Her festival occurred at the vernal equinox. The French word for Easter, *Pâques*, comes from the Greek word for Passover, which is the Jewish holiday that is celebrated at about the same time of the year.
- Though many used to eat lamb on Easter because it was celebrated near Passover, Americans began eating ham because it would cure over the winter and be ready to eat by spring.
- The tradition of wearing new clothes on Easter came from a superstition that said that if someone wore new clothes, they would have good luck for the rest of the year.
- The first chocolate egg was produced in Bristol, England, in 1873. Cadbury began making chocolate eggs in 1875; currently, Cadbury produces 1.5 million creme eggs per day.

## Action Fraud Message for Parents – WhatsApp Account Takeover Scam

Criminals are targeting WhatsApp users by posing as a friend and asking for a security code. Action Fraud has received over 60 reports relating to this scam.



The scam begins when a criminal gets access to another WhatsApp account which has you listed as a contact.

The criminal, posing as your friend or someone that's a member of a WhatsApp group you're in, will then send you seemingly normal messages to try and start a conversation with you. However, around the same time you will receive a text message from WhatsApp with a six-digit code. This is because the criminal has been trying to login to WhatsApp using your mobile number. The criminal will claim that they sent you their code by accident and ask you to help them by sending it to them. Once the criminal has this code, they can login to your WhatsApp account and lock you out.



The criminal will then use the same tactic with your WhatsApp contacts in an effort to steal more accounts and use them to perpetrate fraud.

What you need to do:

- Set up two-step verification to give an extra layer of protection to your account: Tap Settings > Account > Two-step verification > Enable.
- THINK. CALL. If a family member or friend makes an unusual request on WhatsApp, always call the person to confirm their identity.
- Never share your account's activation code (that's the 6-digit code you receive via SMS).
- You can report spam messages or block a sender within WhatsApp. Press and hold on the message bubble, select 'Report' and then follow the instructions.

If you have been a victim of fraud or cybercrime, report it to [Action Fraud](#) or 0300 123 2040.



### Nursery Places Available for September!

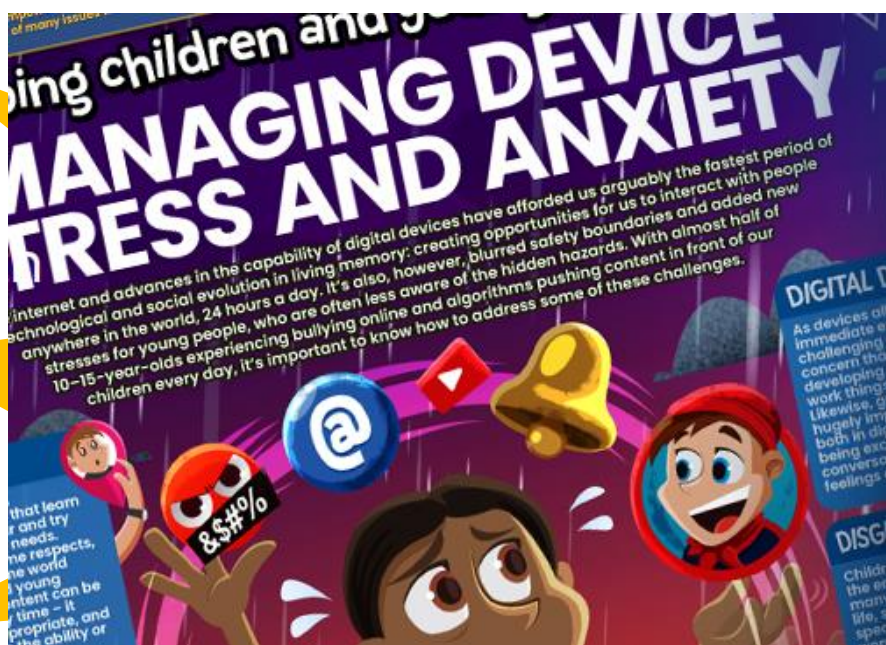
We do still have a few places left in our Nursery setting for September, so please enquire if you or someone else you know within the community, would like a place in our outstanding school. Further information can be found on our school website [Admissions](#) page on how to apply for a place.

### FREE Uniform!

Remember, we have FREE uniform that is available for anyone who needs it, via our donation service. There is a box situated outside the school office for any parents who have old items that they wish to donate. Please could we ask that these are cleaned and in good condition before placing in the box! Amy Roobottom continues sorting, collating and distributing this. If you wish to contact Amy to ask what is available that you might be in need of, please contact her via [amyroobottom@outlook.com](mailto:amyroobottom@outlook.com).



### Online Safety Tips



We can access new music and movies in seconds. We can get products delivered to our door the very next day. We can chat or play games with people on the other side of the planet. For all of the remarkable benefits the digital age has brought us, however, it's also presented us with a whole new raft of pressures and anxieties that, in truth, we're all still learning to cope with.

From continual notifications inflaming a fear of missing out to the risk of public embarrassment or slanging matches on social media, today's children and

young people have stresses to manage that previous generations simply never encountered. This guide examines these uniquely modern worries, highlighting ways to reduce the anxiety that digital devices can bring.

In the guide you'll find tips on reducing push notifications from apps, avoiding social media arguments and spotting when a child's been upset by something online.

## Turn Off Your Engine

Did you know, poor air quality can seriously aggravate conditions like asthma and is responsible for hundreds of deaths a year across Staffordshire?

Turning off your engine is one small thing you can do that can make a big impact.

Choosing to switch off your engine could be when:

- Charging your phone
- Waiting for someone
- On your lunch break
- Making a delivery
- Running the heater
- Running the aircon

If you are a part of a business or organisation, you can sign up to be an anti-idling zone this March. **Find out more here.**

**Hot Lunch Options – 17 to 21 April 2023**





# CATERING OPPORTUNITIES



LET us light UP your LUNCH



Mellors catering are currently recruiting for the below positions

1 Assistant Cook 30 hours per week  
1 x Catering Manager 27.50 hours  
1 x Area Mobile Cook

Burton-on-Trent Area

If you are interested please contact  
Louisan@mellors.co.uk  
07443279236

WWW.MELLORSCATERING.CO.UK



@MELLORSCATERING



W/c 17 April 2023

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese & Tomato Pizza Naan with Baked Potato Wedges	All Day Breakfast	Roast chicken with creamy mash potato & gravy	5 Chicken & tomato pasta bake	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Vegetable Quiche & Baked Potato Wedges	Vegetarian All Day Breakfast	Quorn fillet with roast potatoes & gravy	5 Vegetable & bean chilli with 50/50 rice	Quorn™ nuggets with chunky chips
ACCOMPANIMENTS	Peas & broccoli Salad bar	Roasted vegetables Salad bar	Green beans & cabbage Salad bar	Corn on the cob & carrots Salad bar	Peas & baked beans Salad bar
DESSERTS	Oaty jam squares	5 Apple pie with custard	Lemon cake	Sticky toffee pudding with custard	Fresh Fruit & Whip
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

## SHOBNALL SHOWCASE!

Let's have a sneaky peek as to what has been going on in our classrooms this week...

### Nursery

This week in Nursery we have planted some potatoes, although we don't want them to grow quite as big as the one in the story of 'The Enormous Potato!' We have continued our learning about Healthy Me and have discussed personal hygiene and the importance of hand washing. We also listened to a story about Sophie Self-Awareness, one of our RESPECT characters from Commando Joe's and learnt how our actions can affect others and to show an understanding of other people's feelings and emotions.

The Nursery children have also had a fantastic final session at Forest School on Wednesday. They helped the Easter Bunny find some chocolate that had been dropped, spotted Easter eggs hiding in different places and used their subitising skills to say how many they could see, as well as decorating wood cookies and making nests for some birds.



### Reception

It has been another super busy week in Reception! We started off the week learning about Easter and completed some role play scenarios linked to the Easter story. Our learning continued as Father Robin came into school to talk to us all about Easter during the Easter service. The children have also enjoyed baking this week and made some biscuits in the shape of different sea creatures. They carefully measured and mixed the ingredients before rolling out the dough and using a cookie cutter. There was





some fantastic discussion as the children commented on the changing texture of the ingredients. To conclude the week, the children enjoyed going on an Easter egg hunt and had to work together to find the hidden chocolate eggs left by the Easter bunny! Well done, Reception!

### Year 1

We have had a lovely week in Year 1! Children have retold the story of 'Jack and the Beanstalk' and their writing has been fantastic! In maths we have been exploring capacity. In RE we have looked at the Easter story and Palm Sunday. Children have loved completing role play activities for these! This afternoon, we are going to enjoy a well-deserved Easter egg hunt ready for the Easter holidays! Happy Easter, everyone!

### Year 2

Miss Martin-Mills is so impressed with Year 2 this week! In English the children completed their versions of 'How the Kangaroo got Her

Pouch'. All the children were able to write detailed stories about their own characters using expanded noun phrases, conjunctions, and paragraphs. Their work was so brilliant that choosing a Writer of the Week was the hardest decision yet!

In Maths, Year 2 have looked at completing word problems around mass, weight, capacity and volume. These types of questions are always tricky, but the children persevered with their learning and used a range of strategies to support their working out.

In the afternoons, Miss Parveen taught Art and DT. In Art, Year 2 created abstract sculptures inspired by their dreams. Their creations were AMAZING, and the children demonstrated a range of skills using recycled materials. In DT, the children investigated creating healthy snacks. They taste tested a variety of foods, designed their own 'healthy wrap' and then created their final product!

### Year 3

What a great last week of term Year 3 have had! We've had two Forest School sessions and a week full of topic. The children have painted their Art Deco tiles and completed their unit of Art Deco. They have finished their learning on The Bronze Age and looked at artefacts as well as homes during this time period. We also looked at the importance of money and how to choose the correct accounts. As well as learning all about the Easter Story. Have a wonderful break and I cannot wait to carry on our fabulous learning next term.

### Year 4

Year 4 have had a wonderful final week of term. In Maths, the children have continued to work through their fractions unit, and I have been so impressed with how resilient the children have been with this. In English, the children have written





their poems and the change in states of matter, and these have been fantastic to read. In DT, the children have created a mindfulness timer that has involved them creating and designing a timer that would be best suited to their own taste. Finally, the children have continued their Geography unit by learning about coastal erosion and lakes. A brilliant term Year 4. I have been so impressed by the improvement made by all and I hope you have a wonderful Easter break. Well done!

## Year 5

What a term it has been in Year 5!! The children's scientific understanding has rocketed this term, carrying out several investigations and they have been into space and back with their Earth and Space Unit.

In Maths, the children are enjoying their latest maths unit of Decimals and Percentages, and they have shown excellent understanding in this unit. We have progressed to looking at numbers with 3 decimal places to the thousandth value.

In English, the children have used their homework and understanding of healthy living, to consider how to use modal verbs, adverbs, rhetorical questions and parenthesis in their writing. The topic is focused on persuading others to be healthy and the ways in which that can be achieved.

The children continued their local history topic by researching into famous people that have influenced or contributed to Burton on Trent. They produced some wonderful fact files for Michael Arthur Bass and Sir William Paget.

Whilst watching the latest edition of Newsround, we had a class discussion about the impact of the cost of living crisis and how this impacts others. As a result of this, the children have started their research into a project to support others in PSHE and we look forward to sharing details with you shortly.

The latest homework involves an extended project which will be linked to their class assembly. The children are learning about Early Islam next term which they will be covering in Forest Schools which will run every Tuesday afternoon after Easter.

## Year 6

Fantastic last week for Year 6. They have been working so hard. In Maths we finished our unit on decimals. In English we wrote some fantastic short stories. The ideas were amazing. We loved our Art Day on Wednesday with Mrs Taylor – we were very lucky to have her share her expertise. Our William Morris inspired wallpaper that we made through press printing turned out great. We are currently making a display to showcase our final pieces. Well done, Year 6!



## Reading Corner

This week's recommended read is for children aged 7+

### Stink

Written by Jenny McLachlan

Is Stink the Worst. Ever. Fairy? Readers will laugh out loud at this madcap story, as recorded by 11-year Danny Todd in his diary, about a fairy who seems to break all the rules.

Danny sets out to tease his sister, who believes strongly in fairies, that he can summon one. Not believing a word of it, he follows 6 invented steps including Knocking on a Fairy Door and Saying a Magic Rhyme. Much to his surprise, a real-life fairy appears! What's more, the fairy promises to stay with Danny until he dies!

Danny knows that sounds like a terrible threat, but he doesn't know quite how bad it is until Stink starts biting his ear to keep him in check! From then onwards, Danny lives in constant fear of Stink and the terrible things that happen next. How will he ever escape??



## Head Teacher's Awards

<b>Reception</b>	Miley M	Hassan A
<b>Year 1</b>	Saifullah M	Ava O
<b>Year 2</b>	Zayn S	Alizah A
<b>Year 3</b>	Oliver M	Anthony D
<b>Year 4</b>	Dexter K	Innayah K
<b>Year 5</b>	Ettie D	Beatrix M-B
<b>Year 6</b>	Zara I	Sophia R

## Lunchtime Star Awards

<b>Reception</b>	Paisley H
<b>Year 1</b>	Aleem A
<b>Year 2</b>	Isabella S
<b>Year 3</b>	Lewis L
<b>Year 4</b>	Anaya A
<b>Year 5</b>	Hakeem A
<b>Year 6</b>	Musa L

## Attendance

This week's Attendance Champions are **Year 3!** Well done! Here are the figures for this week...

<b>Reception</b>	86.7%	<b>Target</b>
<b>Year 1</b>	96.3%	<b>96%</b>
<b>Year 2</b>	96.7%	
<b>Year 3</b>	99.3%	
<b>Year 4</b>	98.6%	<b>Overall (to date)</b>
<b>Year 5</b>	97.4%	<b>95.2%</b>
<b>Year 6</b>	92.4%	
<b>Overall</b>	<b>96.3%</b>	

## Team Points

Team Points	Claymills	Rosliston	Sinai	Trent
Points (Week Ending 31.03.23)	160	163	220	243
Position	4 <sup>th</sup> – 1 point	3 <sup>rd</sup> – 2 points	2 <sup>nd</sup> – 3 points	1 <sup>st</sup> – 4 points
Running Total	14	6	14	16



## Team Point Champions

Congratulations to **Trent**, who have successfully won the team point challenge for this half term! As a reward, they can wear non-school uniform (ideally something blue) on Friday 21 April 2023.

## Summer Term Diary Dates

Event	Date/Time
School Reopens for Pupils	Monday 17 <sup>th</sup> April 2023
May Day <b>Bank Holiday</b>	Monday 1 <sup>st</sup> May 2023
Borough and Parish Elections – <b>School Closed</b>	Thursday 4 <sup>th</sup> May 2023
<b>Bank Holiday</b> – King's Coronation	Monday 8 <sup>th</sup> May 2023
Key Stage 1 & Key Stage 2 SATs Week	Tuesday 9 <sup>th</sup> May 2023 – Friday 12 <sup>th</sup> May 2023
School Closes for Half Term	Friday 27 <sup>th</sup> May 2022
School Reopens for Pupils	Monday 5 <sup>th</sup> June 2023
Year 4 Multiplication Tables Check	Monday 5 <sup>th</sup> June 2023 – Friday 23 <sup>rd</sup> June 2023
New Parents Meeting for Nursery & Reception Parents	Thursday 8 <sup>th</sup> June 2023
Year 1 Phonics Screening	Monday 12 <sup>th</sup> June 2023 – Friday 16 <sup>th</sup> June 2023
Father's Day Lunches – Reception	Monday 12 <sup>th</sup> June 2023
Father's Day Lunches – Year 1	Tuesday 13 <sup>th</sup> June 2023
Father's Day Lunches – Year 2	Wednesday 14 <sup>th</sup> June 2023
Father's Day Lunches – Year 3	Thursday 15 <sup>th</sup> June 2023
Father's Day Lunches – Year 4	Friday 16 <sup>th</sup> June 2023
Sports Day – EYFS/KS1 AM & KS2 PM	Monday 19 <sup>th</sup> June 2023
Father's Day Lunches – Year 5	Monday 19 <sup>th</sup> June 2023
Father's Day Lunches – Year 6	Tuesday 20 <sup>th</sup> June 2023
Reserve Sports Day – EYFS/KS1 AM & KS2 PM	Wednesday 21 <sup>st</sup> June 2022
Year 3 Class Assembly	Thursday 22 <sup>nd</sup> June 2023
Year 4 Class Assembly	Thursday 29 <sup>th</sup> June 2023
<b>JTMAT INSET Day – School Closed</b>	Friday 7 <sup>th</sup> July 2023
Year 4, 5 & 6 Brewhouse Performance – Peter Pan	Tuesday 18 <sup>th</sup> July 2023
Nursery Graduation	Wednesday 19 <sup>th</sup> July 2023
Year 6 Leavers' Assembly	Thursday 20 <sup>th</sup> July 2023
School Closes for Summer	Friday 21 <sup>st</sup> July 2023
<b>INSET Day</b>	Monday 24 <sup>th</sup> July 2023
<b>INSET Day</b>	Tuesday 25 <sup>th</sup> July 2023





# **BARTON HOCKEY CLUB**

## **Training**

**Tuesday Evenings**

**@Shobnall Leisure Complex Hockey pitch**

**Juniors 7 – 8.15pm**

**Seniors 8.15 – 9.30**

**Sessions for all ability levels**

**Please contact [info@bartonhockeyclub.co.uk](mailto:info@bartonhockeyclub.co.uk) for more information**

**Midlands Premier Hockey - Mens 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup> & 4<sup>th</sup> teams**

**Ladies 1<sup>st</sup> & 2<sup>nd</sup> teams – Badgers - Juniors from ages 7 onwards**



# Helping children and young people with MANAGING DEVICE STRESS AND ANXIETY

The internet and advances in the capability of digital devices have afforded us arguably the fastest period of technological and social evolution in living memory: creating opportunities for us to interact with people anywhere in the world, 24 hours a day. It's also, however, blurred safety boundaries and added new stresses for young people, who are often less aware of the hidden hazards. With almost half of 10–15-year-olds experiencing bullying online and algorithms pushing content in front of our children every day, it's important to know how to address some of these challenges.

## WHAT ARE THE RISKS?

### LIVING ONLINE

The internet is awash with sophisticated algorithms that learn from our online behaviour and try to predict our wants and needs. That's very helpful in some respects, but it can make the online world difficult for children and young people to negotiate. Content can be brought to them at any time – it may not always be appropriate, and children may not have the ability or the support to deal with it.

### PUSHY NOTIFICATIONS

Content is also directed at us through notifications from our apps: letting us know we have a new message or social post to read, for example. While that's useful in some circumstances, it conditions us to keep going back online (and is designed to do so) and can be a near-constant demand on your child's attention. As such alerts become more common, are we experiencing an 'attack of the pings'?

### BLURRED BOUNDARIES

There are now so many ways we can communicate online in real time (like instant messaging apps) or with a delay (such as on social media) that it's possible to be constantly in conversation. Young people often prefer quickfire exchanges of text – but using fewer words can cause distressing miscommunications through the lack of non-verbal cues like facial expressions or tone of voice.

### DIGITAL DEPENDENCY

As devices allow access to immediate external help in challenging situations, it's a concern that children may not be developing the inner confidence to work things out for themselves. Likewise, group membership is hugely important to young people – both in digital and 'real' life – and being excluded from online conversations can cause damaging feelings of loneliness and isolation.

### DISGUISED DISTRESS

Children often haven't yet developed the emotional resources to deal with many of the setbacks of everyday life, so identifying when it's specifically something online that's worried them can be tricky. A certain level of stress is a normal response to a problem: it spurs us into action to keep ourselves safe. If the stress is excessive, though, it can feel overwhelming and potentially lead to anxiety or depression.

### ANTI-SOCIAL SOCIALS

Social media can bring people together in hugely positive ways. Sadly, it does also have a darker side, including 'flame war' arguments which can escalate quickly and have hurtful consequences. With so many people looking on, 'group shaming' situations are also common – while there are continual opportunities for young people to compare themselves negatively with other social media users.

## Advice for Parents & Carers

### LEARN THE BASICS

It's impossible to keep up with every online change or every new app. The best option is to make yourself aware of the fundamentals of how the internet operates, so you can help your child to grasp how – and why – content reaches them. Devices and the digital world can be confusing, so learning to understand them better will give you the confidence to talk to your child about them.

### TALK IT OUT

If a child mentions a comment that's been directed at them in a text chat or on social media, it may sound minor but can actually have a much bigger effect than we realise. In our evolved brains, any perceived threat can get internalised while our body reacts as if we were in physical danger – raising stress levels. It's always worth encouraging your child to get any concerns out in the open.

### PUSH DISTRACTIONS AWAY

Notifications to our phones and tablets can be helpful, but they sometimes make one wonder who's really in charge: the person or the device? Checking our phone as soon as it goes off is an easy habit to fall into – especially for young people. Try switching off non-essential alerts on your devices and encourage your child to do the same: you should both feel less triggered and more in control.

### LOOK FOR THE SIGNS

This is tricky – and may depend on the child's age – but any sudden change in behaviour is worth looking out for. If your child seems to be checking their phone or tablet more, doesn't want to be parted from them, or appears unusually secretive, anxious or withdrawn, it could be a sign that something is amiss in relation to their device – and, possibly, that they're in need of extra support.

### KEEP CHECKING IN

Healthy emotional regulation balances three systems: threat, drive and grounding. Down the various rabbit holes of the internet, however, that balance can easily slip away – so it's important to help your child manage their emotions when they're online. Check in with them regularly when they're on their device, and remember that 'distraction' and 'relaxation' aren't always the same thing.

### BE KIND: UNWIND

Be kind to yourselves as parents and carers. Remember that we're all in the same boat, trying to safely guide our children through this complex, fast-moving digital environment. Getting into the habit of having natural, relaxed conversations with your child about their online life (and yours) can level the playing field and make it far easier for them to open up to you about any concerns.

## Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who specialises in promoting safe and ethical online communications. She consults with and offers bespoke training to businesses and organisations, supporting positive and effective online communications – often by considering some of the more hidden aspects of the various mediums.



Source: <https://www.childrenscommissioner.gov.uk/report/the-big-ask-big-answers/>  
<https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/bulletins/childrenonlinebehaviourinenglandandwales/yearendingmarch2020>

**NOS**  
National Online Safety®  
#WakeUpWednesday



Staffordshire  
Emotional Wellbeing  
Service



# Wellbeing Activity Day

Bring your children and young people along to learn about their big feelings and emotions in a fun & interactive way!! Ages 5—18.

**Easter School Holidays**

**Wednesday 12th April**  
**10am—3pm**



**Chasewater Innovation Centre, Pool Road,  
Burntwood, WS8 7NL**

Children to be accompanied by parent or carer

