



SHOBNALL PRIMARY & NURSERY SCHOOL NEWSLETTER

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3rd March 2023

"A book is a gift you can open again and again."

Dear Parents/Carers,

I would like to formally welcome you back after the half-term break! I hope you managed to spend some quality time with your families and have had a restful and relaxing week.

In school, it's all been about books, books and more books! Not just because of World Book Day but because we love them! The children (and staff) had a great time on Thursday exploring language and vocabulary by coming dressed as interesting and unusual adjectives! I'm not quite sure who had the most fun – the staff or the children?! In addition to this, the children have been undertaking some themed learning this week based around age-appropriate texts, swapping and sharing their favourite stories, dropping everything to read and making books in boxes! They have had a great time and I'm sure you will enjoy reading all about their experiences as you work your way through the newsletter.



Thank you once again to all our families for continuing to persist with the disruption to the road outside of school. We have a further update for you and a revised timetable of when the works are due to be completed – read on to find out more.

We have a significant number of events coming up before Easter, so please check out the diary dates at the end of the newsletter to make a note of these on your own calendars. One such event is Mother's Day, and everyone should have now received a letter inviting them to come and enjoy a lunch with their child at some point during this very special week.

Whatever it is you have planned for the weekend, we hope that you are able to rest, relax and spend quality time together as families. As always, we look forward to seeing you all again on Monday. Enjoy!

World Book Day

Wow! The effort with the creative adjective costumes from children (and parents!) was fantastic from holographic, sparkly, glamorous and athletic to fragile, creepy, scrumptious and colourful! Our vocabulary really came alive with the children learning lots of new language and applying this word bank to their written work. Thank you so much for all your support with this!

Everyone participated in lots of fun activities throughout the day. These included creating a book in a box, DEAR (Drop Everything and Read) and BBC Teach Live World Book Day.

Don't forget to use your **World Book Day £1 Voucher** which can be used to get a **FREE** book! Getting a free £1 book for your child is easy - simply take your £1 book token to your nearest bookseller and

swap it for a World Book Day £1 book OR get £1 off any book or audiobook costing £2.99 or more. You can find your nearest bookseller at worldbookday.com/participating-retailers. Many thanks to everyone for making our World Book Day a success!



Shobnall Road Works Update

As works continue at Site 3 near to the Leisure Centre Complex entrance, a revised programme of works has now been approved.

Significant effort was invested in planning and programming the works currently being delivered at Shobnall Road, however a number of unusual and unexpected challenges have led to the need to revise working practices in order to ensure the safety of both residents and the workforce.

A number of abnormally shallow underground utility apparatus has been encountered in the early phases of work which are inconsistent with apparatus records. Records had originally indicated that these would not have been impacted by our planned methods of work.

As a result, it is no longer safe to continue work by the same means and manual work must instead be undertaken, which is considerably more time consuming than planned.



Added to the areas of unexpected ground conditions which have necessitated deeper than planned excavation, this latest programme has taken these new working practices into account and sees an extension in time to allow for all works to be undertaken safely.

The revised timescales can be found via the scheme webpage at www.staffordshire.gov.uk/ShobnallRoadWorks and via the timetable below, but in summary the works continue to progress at Site 3 near to the Leisure Complex entrance with an anticipated completion date of this phase of Friday 10 March, before mobilising at Site 4 & 5 in Forest Road from Monday 13 March until Monday 17 April 2023.

Outside of the working hours of 8am and 5pm the route will continue to be open to residents and businesses that require access.

***** UPDATED Timeline for carriageway reconstruction works UPDATED *****				
Traffic Management	Phase	Period properties will be affected	Section of road whereby properties will be affected by closures	Further Comments
Full and Phased Mobile Road Closures	Site 1 Shobnall Street Junction.	Monday 30 th January until Monday 13 th February 2023. (8.00am until 5.00pm).	Shobnall Court to The Leisure Complex Entrance.	Works complete at this site.
Full and Phased Mobile Road Closures	Site 2 Near Jennings Way.	Monday 30 th January until Monday 13 th February 2023. (8.00am until 5.00pm).	Shobnall Court to The Leisure Complex Entrance.	Works complete at this site.
Full and Phased Mobile Road Closures	Site 3 Between Leisure Complex entrance to Bridgewater Road.	Tuesday 14 th February until Friday 10 th March 2023. (8.00am until 5.00pm).	Shobnall Court to The Leisure Complex Entrance.	Deep carriageway patching.
Full and Phased Mobile Road Closures	Sites 4 & 5 Between No.151 to No.169 Forest Road.	Monday 13 th March until Monday 17 th April 2023. (8.00am until 5.00pm).	Reservoir Road to Kings Road.	Deep carriageway patching.

It should be pointed out that the aforementioned times may be subject to change, due to the possibility of any inclement weather conditions or other unforeseen circumstances. In addition to these planned works, two further third-party companies are being hosted as part of a collaborative working exercise to try and minimise future disruption by utilising this one road closure period. The respective companies will be undertaking their projects under temporary traffic signals enabling clear passage alongside their live works, which will be situated near the A38 flyover bridge and adjacent to Reservoir Road.

Red Nose Day – 17 March 2023

On Friday 17 March 2023, we will be celebrating Red Nose Day in aid of Comic Relief! We would like the children to come in non-uniform, ideally with a 'flash of red' and ask that they bring a donation of 50p to £1 for this privilege. All proceeds from this event will go towards Comic Relief.

For 2023, Comic Relief's nose is exclusively designed by Sir Jony Ive, the former chief design officer of Apple. The magically transforming Red Nose starts as a tiny, flat crescent and springs into a beautiful honeycomb-paper sphere. The new designs are currently available to buy on Amazon or on the Comic Relief Shop.



We are also intending to run a 'Red Nose Hunt' for the children throughout the day and will be having lots of laughter by sharing our favourite jokes! We hope that you are able to support the fundraising!

St. David's Day

St David's Day took place this week, celebrated on 1 March across Wales and the wider world. But who was St David? What was he famous for? And in which Shakespeare play is a character forced to eat a leek in his name? Here are some interesting facts about the patron saint:

- ✶ The exact date of his birth is unknown, but David is said to have been born around the year 520 – some 1,500 years ago. He was reputedly born on the Pembrokeshire cliffs during a wild thunderstorm.

- ✶ Did you know that daffodils and leeks are the national symbol of Wales? There are many reasons as to why this is. It is believed that leeks were put into soldiers helmets during a battle with the Saxons. This was so that you could recognise your fellow soldiers! It's also believed that the Battle of Crécy took place in a field of leeks. Daffodils are also used as a national symbol and has recently replaced the leeks a bit more. They come out around the time of St David's Day!



- ✶ Saint David was a vegetarian – he never ate meat. It is believed that he only ever ate leeks. He only drank water too! Maybe that is one of the reasons why the leek is a symbol of Wales!
- ✶ Legend has it that Saint David could perform miracles! It is said that Saint David was preaching to a large crowd of people. The people at the back couldn't hear him. He made the ground below him form into a hill so that the people at the back could hear and see him better!
- ✶ Every year, there is a parade held in Cardiff on St David's Day. Lots of theatre groups get involved. The parade also includes lots of dragons, like the one on the Welsh flag. Children will take part by doing dances and wearing traditional Welsh clothing.

Parent Workshops

In our school we are using a programme in EYFS and Key Stage 1 called Mastering Number, which has been developed by the National Centre for Excellence in the Teaching of Mathematics (NCETM). The Mastering Number programme is a new national programme based on research into what is important in early maths education. As a result, we have been offered an exciting opportunity in which to host a Parent Project, which will last for a total of 5 weeks.



As an introduction to this, we are offering a one-off, one-hour workshop, which we would encourage parents to attend with their child. The workshop will consist of parents working through the activities with their child. As well as being supplied with a range of resources and activities for five weeks of home learning, the workshop will provide opportunities to see how the Mastering Number programme is delivered at school and how best to replicate this at home. The workshops will take place as listed below. All start at 2.30pm and finish at 3.30pm, and will be held in your child's classroom:

- Year 2 – Monday 6 March 2023
- Reception – Thursday 9 March
- Year 1 – Friday 10 March

If you have any questions in the meantime, please do not hesitate to contact our Maths Lead, Miss Barker, via the school office email. We look forward to seeing you there!

Staffordshire Day – Monday 1 May 2023

Staffordshire's biggest party of the year, Staffordshire Day, is back with a packed programme of exciting events and activities.

This year, we'll be shouting about sustainability: from home-grown food to home-grown talent, we will be celebrating the many ways our county is doing our bit to reduce our impact on the environment and make Staffordshire more sustainable.

Make sure Monday 1 May 2023 is in your diary, follow #StaffordshireDay on social media and visit Enjoy Staffordshire's website for news on all the upcoming events and activities.



**STAFFORDSHIRE
DAY**
MAY 1st



British Science Week – Announcement to ALL Parents!

British Science Week is taking place from Monday 13 – 17 March 2023 and we are very keen to hear from parents who have a career in science. This could be engineering or any career which relates to science. We are planning an assembly for parent volunteers to come into school to talk about their jobs in an assembly on Wednesday 15 March 2023 at 10.00am. The assembly should only last around 30 minutes and we would really appreciate your support. If you are interested in taking part, please email Mrs Knight v.knight@shb.jtmat.co.uk at your earliest convenience to arrange this.

FREE Uniform!

Remember, we have FREE uniform that is available for anyone who needs it, via our donation service. There is a box situated outside the school office for any parents who have old items that they wish to donate. Please could we ask that these are cleaned and in good condition before placing in the box! Amy Roobottom continues sorting, collating and distributing this. If you wish to contact Amy to ask what is available that you might be in need of, please contact her via amyroobottom@outlook.com.



Online Safety Tips



With around 60,000 songs added to its online library every day, Spotify is a vast treasure trove of audio dating from some 19th century recordings through to giants of the download age like The Weeknd and Ed Sheeran. Factor podcasts, audiobooks and videos into the mix, and the Swedish-based streaming platform quite literally offers something for everyone.

music and content on the platform mean that, naturally, not all of it is intended for younger listeners. With

Not everything in Spotify's depths is universally suitable, however. The sheer mass of

an audio chat service available and media reports of predatory activity, our guide highlights other aspects of Spotify which trusted adults ought to be in the loop about.

In the guide you'll find tips on a number of potential risks such as age-inappropriate lyrics, an audio chat function and recent reports of predatory activity.

Turn Off Your Engine

Did you know, poor air quality can seriously aggravate conditions like asthma and is responsible for hundreds of deaths a year across Staffordshire?

Turning off your engine is one small thing you can do that can make a big impact.

Choosing to switch off your engine could be when:

- Charging your phone
- Waiting for someone
- On your lunch break
- Making a delivery
- Running the heater
- Running the aircon



If you are a part of a business or organisation, you can sign up to be an anti-idling zone this March. **Find out more here.**

A poster for Mellors Catering. At the top left is the Mellors logo (a purple circle with a scalloped edge) and a lightbulb illustration. The text "LET us light UP your LUNCH" is written in a mix of fonts. To the right, "CATERING OPPORTUNITIES" is written in large, stylized letters. Below this, a helicopter illustration is shown. The main text, enclosed in a dashed-line box, reads: "Mellors catering are currently recruiting for the below positions", followed by a list of roles: "1 Assistant Cook 30 hours per week", "1 x Catering Manager 27.50 hours", and "1 x Area Mobile Cook". Below the list is "Burton-on-Trent Area". At the bottom of the dashed box, it says "If you are interested please contact", "Louisan@mellors.co.uk", and "07443279236". At the very bottom of the poster, the website "WWW.MELLORSCATERING.CO.UK" and the Twitter handle "@MELLORSCATERING" are displayed.

Hot Lunch Options – 6 to 10 March 2023

W/c 6.3.23

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Beef Lasagne & garlic bread	Roast chicken with mash potato & gravy	Pork Meatballs with Pasta	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Vegetable Quiche with baked potato wedges	Quorn Lasagne & garlic bread	Quorn fillet, with mash potato & gravy	Vegetarian Meatballs with Pasta	2 Cheese Rolls
ACCOMPANIMENTS 5	Corn on the cob & broccoli Salad bar	Peas & cauliflower Salad bar	Carrots & parsnips Salad bar	Roasted Vegetables Salad Bar	Peas & baked beans Salad bar
DESSERTS	5 Bananas & custard	Pb Ginger biscuit	Chocolate & orange muffins	Fruit Sponge & custard	Chocolate Brownie
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

Try something NEW today... Variety is key to a healthy diet.

MENU Mallory

KEY 5 - 1 OF YOUR 5 A DAY PLANT - MEAT-FREE MONDAY T - CHEF'S CHOICE Pb - PLANT-BASED (VEGAN)

SHOBNALL SHOWCASE!

Let's have a sneaky peek as to what has been going on in our classrooms this week...

Nursery

The Nursery children have had a brilliantly busy first week back! The children are thoroughly enjoying their new class book, 'Ten Seeds' and have been working hard completing a range of activities based on our story. They have shown excellent creative skills and have painted some lovely sunflower pictures and have been busy observing and noticing similarities and differences in sunflowers. On Wednesday, dressed in waterproofs and wellies, they headed off for their first encounter of Forest School and had a fantastic time exploring this new learning environment! They made nature bracelets, stick rattles, collaged the initial letter of their name with some spring flowers and discovered lots of mud! A great time was had by all! The fun continued on Thursday with our World Book Day celebrations and on Friday, although back in the classroom, we had a great time learning about living and non-living things, and creating some collages.



Reception

The children have returned with big smiles, positive learning attitudes and ready to explore our new theme, 'On the High Seas!'

The reception crew had an amazing time joining in with a range of exciting activities including designing treasure maps, making pirate hats and creating telescopes. We also shared some wonderful pirate themed stories including 'Pete the Cat' and the 'Treasure Map' by James Dean and the wonderful 'Pirate Stew' by Neil Gaiman.



Year 1

We have had a super busy week in Year 1! We started our new English topic based on instructions and we made some rain sticks. We have then been looking at features of instructions. In Maths we are working hard to count in 10s. During Art we have been looking at how colours can demonstrate certain emotions. We also had a lovely day for World Book Day yesterday and particularly enjoyed creating our "book in a box."

Year 2

Year 2 have come back after half term refreshed and ready for learning! In Maths they have continued their learning on Multiplication and Division and as a result have been able to take their first "33 Club" Test which caused great excitement!

In English, Year 2 have started a new unit of learning on recounts. They have learnt about the life of Florence Nightingale through an example text and are looking forward to writing their own recounts about the life of Rosa Parks.

The most exciting day of the week however was World Book Day. Year 2 enjoyed participating in a BBC Teach World Book Day Live Lesson, Drop Everything and Read as well as reading Rabbit and Bear: Rabbits Bad Habits and designing a Book in a Box to represent a scene from the story.



Year 3

Year 3 have had a superb first week back with the addition of Forest School to our lessons. The children thoroughly enjoyed being able to go down into the forest and have begun creating their own bow and arrows, using the techniques of whittling with a mora knife. They also created an interpretation of Stone Henge and have begun weaving their own dragon eye necklaces. The rest of the week the children have been looking at length and perimeter in Maths and are really confident with using rulers to find accurate measurement. In English, we have begun our new unit of writing on letter writing. The children are beginning to learn about Kenya. We also had a wonderful day on Thursday celebrating World Book Day.

The children loved dressing up as adjectives and dropping everything and reading. Keep it up Year 3 – I am super proud of you!



Year 4

Wow! What a brilliant first week back we have had in Year 4! In Maths, we have continued our unit of perimeter and it has been wonderful seeing resilience shown by all of the children on this to work through a variety of problem-solving questions. As part of World Book Day, it was amazing to see all of the thought and effort the children had put into their costumes, and we had a wonderful day in school. We dropped everything and read at 9:30, watched a live BBC lesson at 11 and spent the rest of the morning creating our book in a box, which is off our Autumn term reading book, *The Lion, The Witch and The Wardrobe*! In Science, we have started our new unit looking at sound and the children have been investigating parts of the ear and how vibrations travel. Finally, we have concluded our history topic for this term where we have been looking at the significance of the Vikings on British history. A fantastic first week back Year 4. Well done!



Year 5

A great first week back for year 5 with so many exciting events!

Year 5 had a great World Book Day dressing up as adjectives - ranging from strong to culinary, and sporty to oblivious. The creativity in their outfits/costumes was remarkable. During World Book Day, the children were involved in a DEAR (Drop Everything and Read) session with a book about something they enjoy or trying something new, a reading book quiz, they took part in a live BBC Teach lesson and were introduced to a favourite book of Mrs Barlow - *Cosmic* by Frank Cottrell Boyce.

In maths, the children have consolidated their learning using the bus stop method. They have done very well with this although they found it tricky at first. The children have completed their Multiplication and

Division topic and are now prepared to use these skills as we move back into our new Fractions topic next week.

Our exciting English topic (The Tragedy of Bedgellert) has seen the children role-playing the key character, considering how the author has used vocabulary for impact and how relative clauses can help to add extra information to their sentences. The children have spent time writing their own stories from story-starters in the mornings and have used the five senses to have an impact on the reader and how they can tell a character's feelings.



Year 5 really enjoyed their first Science lesson about Earth and Space. They have been looking at the planets and finding out key facts.

On Friday, the children were involved in a session with the local PCSO and police officer. Lots of questions were asked, children got to handle a baton and handcuffs and even sit in the police car! Luckily, no-one was arrested for real (only 2 children from year 6 got to role play and be put in handcuffs).

Year 6

This week in Year 6 we have been continuing with Algebra in maths. We find it a little tricky but, on the whole, we are enjoying the challenge. We have finally published our novels based on the life of a chimney sweep. There are some fantastic pieces of writing that have been produced. In reading, we have learnt that Alex Rider is



now in training and is currently grouped with a few old men who are pretty mean to him. We look forward to our session each week to find out what happens in the next chapter. We have been focusing our revision for SATs on fraction, decimal and percentage equivalents in arithmetic. Finally, any spare time we get, we have been practising reading our Peter Pan scripts which we are all very excited about.

Reading Corner

This week's recommended read is for children aged 9+

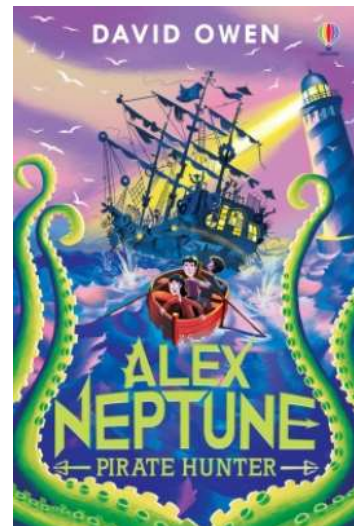
Alex Neptune: Pirate Hunter

Written by David Owen

Join Alex Neptune, the boy with the power of the ocean in his hands, on his second adventure - perfect for fans of Percy Jackson and Dragon Realm!

Alex Neptune is struggling to get to grips with his new oceanic powers...so the last thing he needs is Haven Bay being attacked by pirates in a ship made of rubbish. The marauders are hunting for the missing egg of the elusive water dragon - and Alex is determined to reach it first to stop them stealing its power.

Along with friends Zoey and Anil - plus a clumsy seal, a lock-picking hermit crab and some seriously menacing otters - Alex sets out on a treasure hunt to a secret shipwreck where they must face three monstrous challenges. Indiana Jones meets Pirates of the Caribbean in this ultimate treasure-hunting, puzzle-solving ocean adventure!



Head Teacher's Awards

Reception	Umar Q	Riley T-W
Year 1	Esme E	Amaya H
Year 2	Kristen T	Azaan M
Year 3	Finlay B	Lewis L
Year 4	Erin S	Deivids K
Year 5	Florence T	Eric W
Year 6	Eva W	Owais H

Lunchtime Star Awards

Reception	Jack P
Year 1	Amaya H
Year 2	Nancy M
Year 3	Reece A
Year 4	Noah O
Year 5	Joseph W
Year 6	Leah W

Attendance

This week's Attendance Champions are **Reception**! Well done! Here are the figures for this week...

Reception	100%	Target
Year 1	92.0%	97%
Year 2	96.7%	
Year 3	95.3%	
Year 4	97.2%	Overall (to date)
Year 5	90.6%	95%
Year 6	91.0%	
Overall	94.9%	

Team Points

Team Points	Claymills	Rosliston	Sinai	Trent
Points (Week Ending 03.03.23)	189	121	169	181
Position	1 st – 4 points	4 th – 1 Point	3 rd – 2 points	2 nd – 3 points
Running Total	4	1	2	3

Spring Term Diary Dates

Event	Date/Time
Mother's Day Lunches – Reception	Monday 13 th March 2023
Mother's Day Lunches – Year 1	Tuesday 14 th March 2023
Mother's Day Lunches – Year 2	Wednesday 15 th March 2023
Mother's Day Lunches – Year 3	Thursday 16 th March 2023
Mother's Day Lunches – Year 4	Friday 17 th March 2023
Comic Relief – Red Nose Day	Friday 17 th March 2023
Mother's Day Lunches – Year 5	Monday 20 th March 2023
Mother's Day Lunches – Year 6	Tuesday 21 st March 2023
KS1 SATs Meeting for Parents	Tuesday 28 th March 2023, 3.30pm, Year 2 Classroom
KS2 SATs Meeting for Parents	Wednesday 29 th March 2023, 3.30pm, Year 6 Classroom
PFA Easter Bingo	Wednesday 29 th March 2023
School Closes for Easter	Friday 31 st March 2023

Diary Dates 2022-2023

Event	Date/Time
School Closes for Easter	Friday 31 st March 2023
School Reopens for Pupils	Monday 17 th April 2023
May Day Bank Holiday	Monday 1 st May 2023
Borough and Parish Elections – School Closed	Thursday 4 th May 2023
Bank Holiday – King's Coronation	Monday 8 th May 2023
Key Stage 2 SATs Week	Tuesday 9 th May 2023 to Friday 12 th May 2023
School Closes for Half-Term	Friday 26 th May 2023
School Reopens for Pupils	Monday 5 th June 2023
JTMAT INSET Day	Friday 7 th July 2023
School Closes for Summer	Friday 21 st July 2023
INSET Day	Monday 24 th July 2023
INSET Day	Tuesday 25 th July 2023



Easter Fun! Free #HolidayActivities and Food (HAF)!

Keep your children entertained over the Easter holidays with #HAF2023

There will be lots of different holiday clubs offering Easter themed activities.

Plus, the favourites including dodgeball, cooking, horse-riding, dance, football, swimming, bushcraft and lots more!! They'll get a chance to socialise, have fun and be fed a healthy meal!

- ✓ FREE for eligible children aged 5-16 years in receipt of benefits related free school meals.
- ✓ Eligible children will get a code to register.
- ✓ Registration opens at 4pm on 17th March 2023.

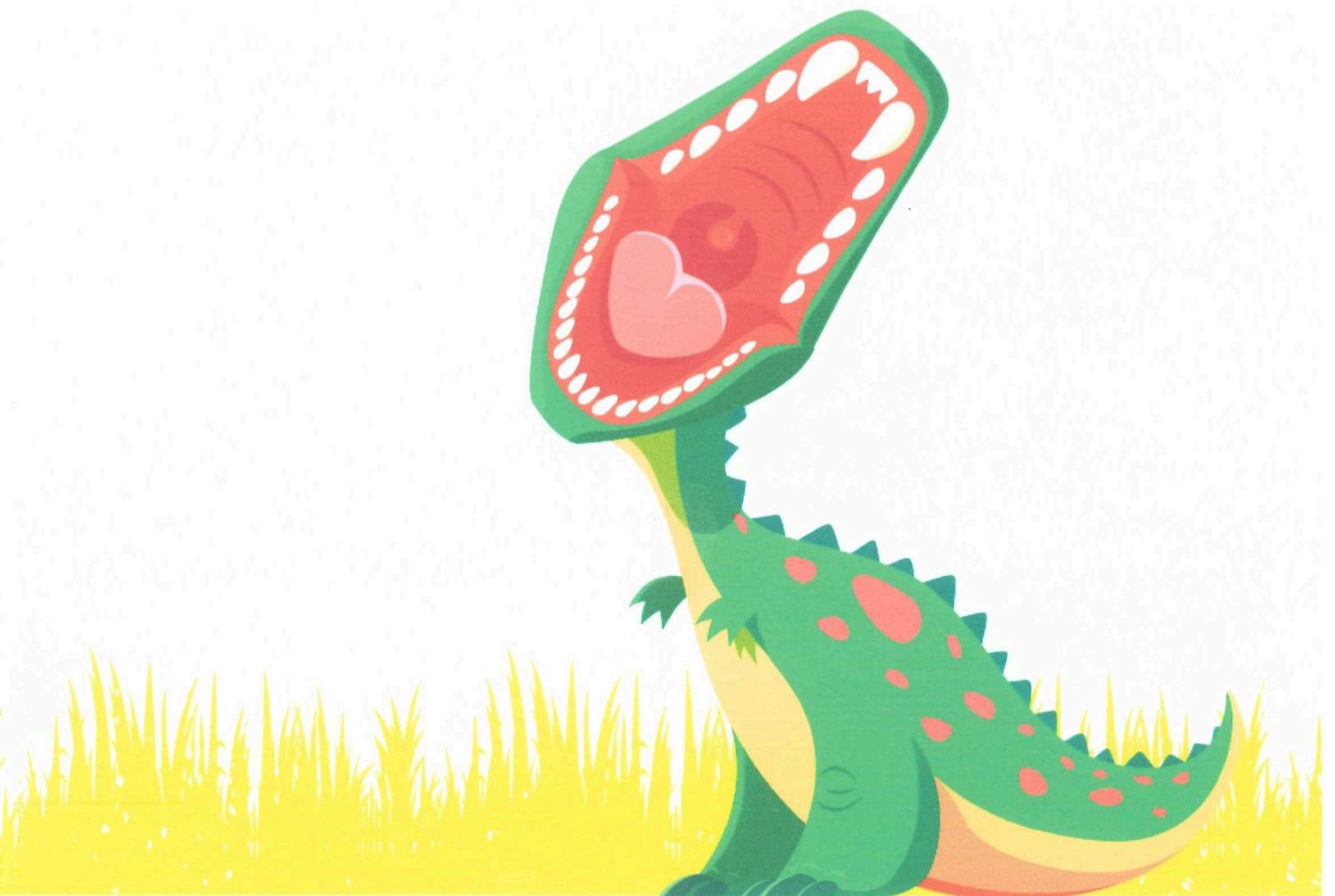
Find out more on the Staffordshire County Council website → bit.ly/3f1O7Hd





ALLERGENS

Parent Pack





Allergens Parent Pack

Special diets are a very important part of our catering provision in schools. Allergen procedures are essential to ensure that the needs of individual pupils can be met safely. To ensure we offer the best possible service to our pupils and families, Mellors Catering Services have individual care plans in place for all pupils who have an allergy or intolerance.

In an education unit particularly, with pupils being classed in the 'vulnerable' category (under 18 years old), it is essential that we meet with parents/guardians. This ensures that there is a variety of meals available throughout the week and that individual nutritional needs are met.

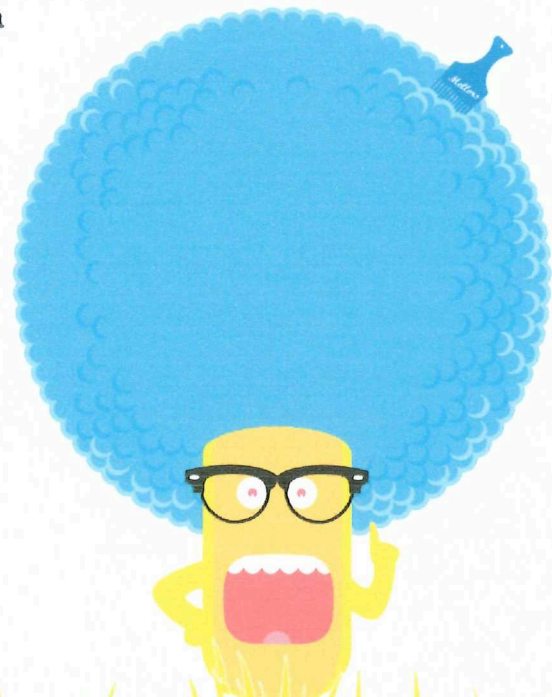
Our education units have a captive audience of customers. With that in mind, we support their needs by working with our supply chain to offer allergen free foods to coincide with the daily menu/offer. We fully support pupils with special dietary needs and we make a commitment to do this for the lifetime of their education with us.

In line with the food information regulations for allergens and food labelling that came into effect on 13th December 2014, all of our dining rooms display an allergen notification for our customers.

Our recipe packs also contain a breakdown of ingredients inclusive of the food allergens they contain.

D Watkins

Danielle Watkins BSc (Hons_) RPHNtr
Head of Nutrition and Food Development



Allergens Parent Pack



We are pleased to be working in partnership with your school and we want to ensure your child is able to enjoy a meal with their friends at lunchtime.

To ensure your child is catered for safely each day, the catering team need to collect some essential information about your child's requirements. Once we have that information, a meeting will be held with you, your child and the school cook to go through the school menu and pick what your child would like to eat each day. The cook will have their recipe file and will be able to check the ingredients to ensure each item is suitable. If the meal isn't suitable we will try to adapt the recipe for your child, however in some instances this may not be possible. If this is the case we would then look to offer a jacket potato or sandwich option to ensure there is something available every day.

Step-by-step process for developing a menu for a child with an allergy or intolerance:

1. Fill in the special dietary needs form attached to this document.
2. Return this to the school or catering team with a recent photograph of your child and a medical note from your child's doctor or dietician. This note should outline the allergy or intolerance.
3. The school will then arrange a meeting for you and the school cook at a time that is convenient for you both.
4. Meet with the school cook to go through the menu cycle to highlight what your child can eat from the options available and agree a menu suitable for your child. If the main meal of choice isn't suitable for your child the cook will try to adapt it for you. If this isn't possible, we always offer a jacket potato or sandwich option as an alternative.
5. The cook will complete a menu sheet with your chosen dishes which all parties will sign to say they are happy with the menu.

Note: The menu will change throughout the year. The cook will be able to advise you of the dates the menu will change and a simple refresh meeting can be arranged to update your child's menu.





Allergens Parent Pack

Diabetes – Carbohydrate Counting

Mellors Catering Services will provide support for pupils with diabetes to enable them to eat a school meal at lunchtime with their friends.

At Mellors we like to treat each school individually, acknowledging that all schools, pupils and staff are different. The Nutrition and Food Development team produce a menu and recipe pack for our catering managers to use as a framework to create their own menus. They work with the parents/guardians and pupils to create a menu that fits the pupil's likes and dislikes within that school.

All of the recipes within the pack have been nutritionally analysed so the catering manager can share the nutritional breakdown with you. Our catering managers also have the flexibility to use a large number of local suppliers so it is important to meet with the catering manager to get all of the specific information for the menu and products in your child's school.

Step-by-step guide to supplying carbohydrate information for diabetic pupils:

1. A meeting should be arranged between the school catering manager, pupil and parent/guardian to discuss the menu.
2. The catering team will provide the nutritional breakdown of the recipes that are available on the menu cycle.
3. The information can also be shared with the teacher/carers who look after your child in school and administer their insulin.



Allergens Parent Pack



Nut Policy

For many years now, education sites have been cautious around the usage of nuts in the school kitchen. It is a standard rule that is adhered to by a large proportion of UK education establishments and over 75% of schools still adopt this practice with nuts not being used as an ingredient in the school kitchen.

Mellors Catering Services chooses not to use nuts or nut products in our schools. The recipes provided to our schools do not include nuts as part of the ingredient profile and it is the catering manager's responsibility to ensure that this policy is adhered to.

Although we do not use nuts as an ingredient, many factories are multi-purpose operations and there may be a small cross contamination risk when it comes to some products that we purchase. These products carry a disclaimer that says 'may contain nuts or traces of nuts'. There will be very few products in a primary school that carry this disclaimer.

If a child in a primary school has a nut allergy, the school will not provide any products that carry this disclaimer to that child.

Useful websites/further information

Anaphylaxis campaign: www.anaphylaxis.org.uk

Allergy UK: www.allergyuk.org

Food Standards Agency:
www.food.gov.uk/safety-hygiene/food-allergy-and-intolerance

Mellors Contact Details

Danielle Watkins – Head of Nutrition and Food Development
daniellew@mellors.co.uk
07772 637352

Laura Whiting – Company Nutritionist
lauraw@mellors.co.uk
07908 467762





Allergens Parent Pack

Special Dietary Needs Form

This must be completed by a parent/guardian once a special diet request has been made.
This must be supported with a medical note to confirm the special diet.

Checklist

☐

Complete this form

☐

Include a recent photo of the child (unless school already have one)

☐

Include a medical note from the child's doctor or dietician

Pupil Information

Full Name	
Date of Birth	
Year	
Class	
Name of Parent/Guardian	

Allergy / Intolerance Information

Allergy / Intolerance Details:
Symptoms:
Daily Care Requirements: