



5th February 2024

Dear Parents/Carers,

#### Re: Information on measles

We thought it prudent to send this information sheet to you as the school has been informed that a person who attended Shobnall Primary & Nursery School at the same time as you or your child *may* have measles. Please note, this is only a <u>suspected</u> case and is not confirmed but, we thought you may find it useful to read the information provided by the UKHSA (UK Health Security Agency) below.

### What is measles?

Measles is a disease which spreads very easily. People with measles can get a cough, runny nose, rash and fever. Measles can be serious, particularly for people whose immune system is not working normally. The best way to prevent measles is through vaccination. You can find <u>more information on measles</u> online.

# What is the risk of catching measles?

Most older children and adults are immune to measles and so are very unlikely to catch it. This is either because they had measles as a child or because they have been vaccinated.

### Who needs medical advice?

# People with a weakened immunity

You should contact your doctor straight away if you have weakened immunity (due to illness or medication). The doctor will assess whether you are immune (that is, you have antibodies) to measles. If the exposure was within the past few days, your doctor may be able to organise treatment to prevent you becoming seriously ill.

# **Pregnant women**

If you are pregnant and not sure of your immunity, please seek your doctor's advice.

# Children under one year

If you attended Shobnall Primary & Nursery School with an infant aged under one year, please also contact your doctor for advice.

## You are well and not in the groups listed above

If you are well and not in the groups listed above, you don't need to take urgent action. However, if you are unsure if you are protected from measles, check with your doctor.

You can find more information about measles at:

http://www.nhs.uk/conditions/measles/Pages/Introduction.aspx

## What if you become unwell?

If you become unwell and think it could be measles, you should see a doctor. You should ring the doctor or clinic before you attend so they can make sure you do not pass the disease to others in the waiting room.









We hope you find this information useful.

Yours sincerely,

(1) I Adams

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