

WEEK 3 18th Oct, 15th Nov, 6th Dec	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef burger in a soft bun	Chicken and vegetable pie	Roast Chicken and Yorkshire pudding	Chilli beef	Fish cake
VEGETARIAN MAIN DISH	Quorn burger in a soft bun	Vegetarian Bolognese	Vegetarian toad in the hole	Cheese and vegetable frittata	Cheese and bean wraps
ACCOMPANIMENTS	Herby diced potatoes Baked beans Garden peas Salad bar	Mashed potatoes fluffy rice Carrot batons Broccoli Salad Bar	Roast potatoes Green cabbage Sliced carrots Salad bar	Potato wedges Cauliflower Garden peas Salad bar	Chips Sweetcorn Mushy peas Salad bar
DESSERTS	Chocolate crunch	Jam sponge and custard	Orange muffin	Fruit meringues	Fruit and ice cream
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATOES & SANDWICHES	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings



MENU



Quench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE