



2020 COMPULSORY HEALTH & RSE TOPICS

Social Media & Risks Quiz

50+ Questions & Team Sheets & Certificates &



SOCIAL MEDIA ANSWERS

ROUND 3 NAME THAT SOCIAL MEDIA PLATFORM

ROUND 7 MULTIPLE CHOICE - GUESS CORRECT

Which is the most popular online platform amongst teenagers?

Youtube	Instagram	Snapchat	Twitter
55%	75%	85%	95%

What % of American teenagers reportedly own or have access to a smart phone?

55%	75%	85%	95%
-----	-----	-----	-----

What % of teenagers say that social media has a mostly positive impact on their life?

31%	51%	61%	71%
-----	-----	-----	-----

What % of 14 year old girls in the UK are on social media for more than three hours a day?

10%	40%	60%	85%
-----	-----	-----	-----

Which is the most popular social network in the most famous... is described for fun as... Facebook

Which is very popular amongst young people but not the older generation... is described as... Snapchat

Helps me keep in touch, doesn't do without it, constructive, interactive and useful helps to connect people in a professional way

INSTAGRAM SNAPCHAT
FACEBOOK LINKEDIN

Wordsearch Board

Assessment Rating

Diamond 100+
Ruby 75+
Emerald 50+
Sapphire 25+
Amethyst 10+

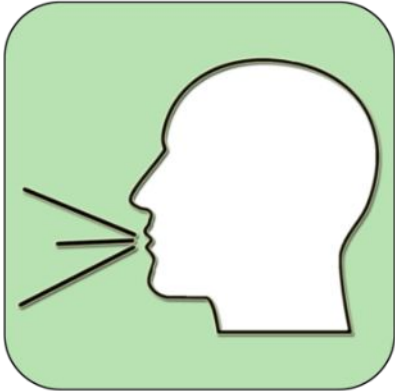
Total Points: 0/100

PSHE 2020 **QUIZ!**

Creative Curriculum



TEAM QUIZ SKILLS



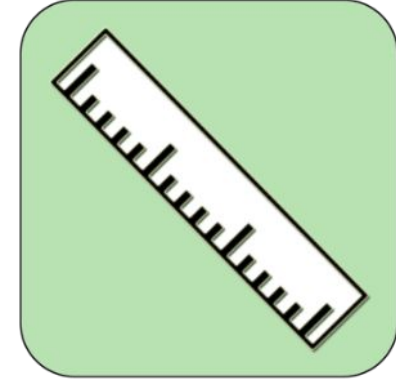
PUBLIC SPEAKING



**WRITTEN
COMMUNICATION**



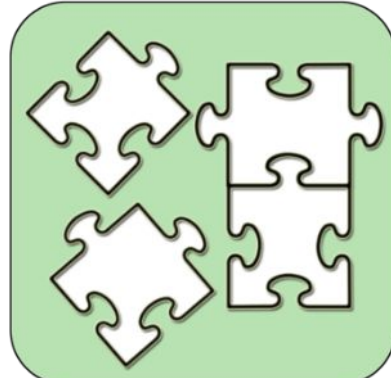
**CREATIVITY &
INNOVATION**



**PLANNING &
ORGANISATION**



DECISION MAKING



PROBLEM SOLVING



**RESILIENCE & STAYING
POSITIVE**



**TEAMWORK &
LEADERSHIP**

How will you use these skills?

Why are these skills important?

How will they help you?



SOCIAL MEDIA



ROUND 1

NAME THE SOCIAL MEDIA PLATFORM

A



B



C



D



E



F





SOCIAL MEDIA



ROUND 2

What do these acronyms mean?

A

IMHO

E

DM

B

AMA

F

HIFW

C

BAE

G

IRL

D

'DAE

H

PAW



SOCIAL MEDIA



ROUND 3

NAME THAT SOCIAL MEDIA PLATFORM

A

....is the 2nd most popular social network and the 3rd most famous. ... is described by fans as: Addictive, A favourite, Engaging, Colourful and Visually impressive.

B

the most popular social network and the most famous. is described by fans as: Addictive, Always check it, Helps me keep in touch, Accessible and A favourite.

C

... Is very popular amongst young people but not the older generation ... is described by fans as: A favourite, Brilliant, Always check it, Amusing and Colourful.

D

..... is described by fans as: Informative, Always check it, Helps me keep in touch, Easy to use and Social. News breaks quickly on this platform.

E

.... Is Interesting, Easy to use, A favourite, User friendly and Entertaining. Great for new ideas and making boards

F

Helps me keep in touch, Couldn't do without it, Constructive, Informative and Useful. Helps to connect people in a professional way

PINTEREST

INSTAGRAM

SNAPCHAT

TWITTER

FACEBOOK

LINKEDIN



SOCIAL MEDIA



ROUND 4

LINK THE RISK OF SOCIAL MEDIA. TO DESCRIPTION

A

TROLLING

1

The blue light of screens can impact the developing adolescent brain, and is associated with lower mood and depression. Impacts Mental health

B

IMPACT ON SLEEP

2

someone builds an emotional connection with a child with a view to gaining their trust for sexual or trafficking purposes.

C

GROOMING

3

An issue for young people who are socialized through the school system to 'grade' themselves in relation to their peers.

D

LIFE COMPARING
TOOL

4

When someone is writing malicious comments to upset other people



SOCIAL MEDIA



ROUND 5

NUMBERS ROUND

A

How big is the global gaming market?

1 Billion
People

500 Million
People

2.5 Billion People

4 Billion
People

B

In 2019 online gaming took up what % of
total income for the gaming market?

4%

33%

47%

78%

C

What % of customers opt to play their games on
online/social platforms rather than just using their console?

100%

40%

70%

50%

D

What % of 14 year old girls in the UK are on social media
for more than three hours a day?

10%

40%

60%

85%



SOCIAL MEDIA



ROUND 6

ANAGRAMS –UNSCRAMBLE THE WORDS

Clue: Where can you go for help?

A

P E O C

B

N P E A R T S

C

E P I O L C

D

C I L H D N T E



SOCIAL MEDIA



ROUND 7

MULTIPLE CHOICE – GUESS CORRECT

A

Which is the most popular online platform amongst teenagers?

YouTube

Instagram

Snapchat

Twitter

B

What % of American teenagers reportedly own or have access to a smart phone?

55%

75%

85%

95%

C

‘What % of teenagers say that social media has a mostly positive impact on their life?’

31%

51%

61%

71%

D

Which of these is the best selling PC game of all time around the world?

The Sims

Minecraft

PUBG

Warcraft



SOCIAL MEDIA

QUIZ!



ROUND 8

OBSERVATION ROUND 2 minutes to study the picture



FAMILY DREAMS





SOCIAL MEDIA



ROUND 8

OBSERVATION ROUND

A

What was the young boy dreaming of?

B

How many people in the family?

C

What was the teenage girl dreaming of?

D

What colour was the car?

E

What three coloured paint strips were behind the computer screen?

F

How many paper airplanes were there?

G

Did you see a pair of headphones in the picture?

H

What kind of food did the mum want?



SOCIAL MEDIA



ROUND 9

WORDSEARCH – FIND THE WORDS

O	K	M	J	Q	Y	I	F	G	X	F	I	G	Q	G
L	M	F	A	C	E	B	O	O	K	O	N	Z	K	R
S	N	A	P	C	H	A	T	O	E	P	S	A	A	E
Q	P	Q	H	W	K	K	U	G	Y	B	T	T	P	D
M	L	J	X	T	T	E	T	L	O	W	A	W	C	D
L	S	M	Z	H	H	S	P	E	U	E	G	I	X	I
I	T	X	Y	M	F	V	I	F	T	O	R	T	F	T
N	S	H	X	D	F	Z	N	U	U	W	A	T	I	N
K	R	A	C	L	J	J	T	W	B	V	M	E	J	Q
E	B	E	J	U	N	H	E	G	E	E	Y	R	R	M
D	A	J	R	B	S	U	R	H	H	Z	B	U	T	V
I	K	L	A	T	C	C	E	B	W	Y	Q	V	L	H
N	M	B	O	D	R	M	S	H	C	R	O	X	E	Y
P	N	M	S	X	O	F	T	A	Z	T	G	B	O	N
J	A	C	I	Z	H	P	H	T	W	I	T	T	E	R

YOU HAVE FIVE MINUTES
TO:

FIND ALL **10** SOCIAL
MEDIA PLATFORMS
HIDDEN IN THIS
WORDSEARCH





SOCIAL MEDIA



TIE BREAK

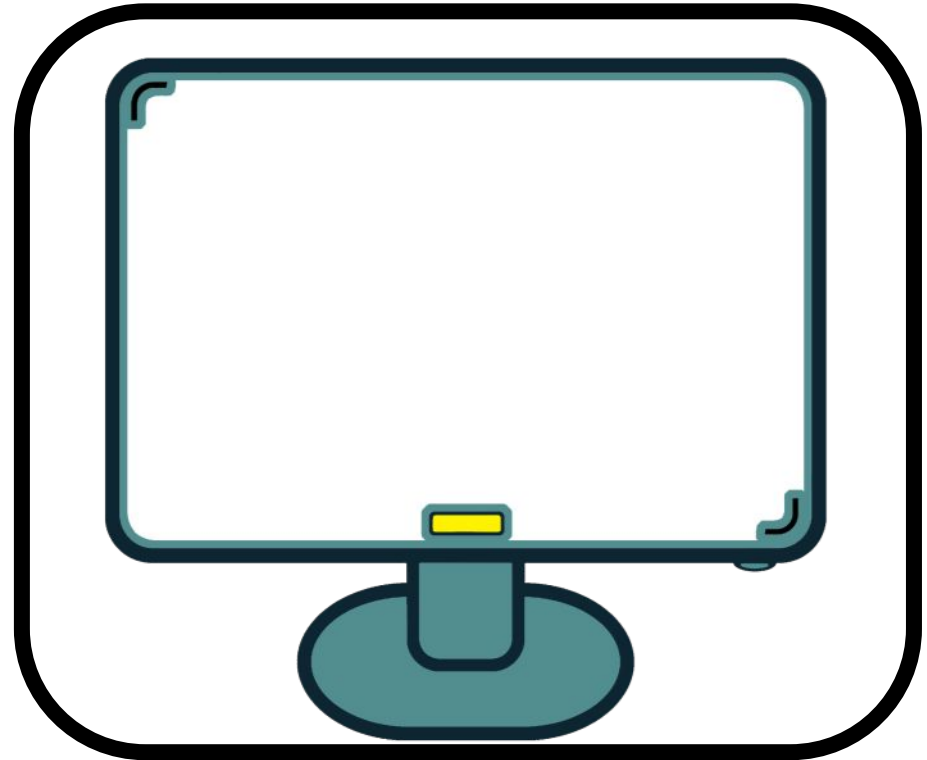
DESIGN IT – CREATE THE FOLLOWING

Design a screen saver to remind people about the risks of over use of social media

In the event of a tie break or even a close finish points can be awarded to the top three designs



GOLD = 5 POINTS
SILVER = 3 POINTS
BRONZE = 1 POINT



THE END OF THE QUIZ

CREATIVE CURRICULUM



TIME FOR THE ANSWERS



ANSWERS





SOCIAL MEDIA

ANSWERS



ROUND 1

NAME THE SOCIAL MEDIA PLATFORM

A

Pinterest

B

Facebook

C

Snap Chat

D

WhatsApp.

E

Instagram

F

Youtube



SOCIAL MEDIA



ROUND 2

What do these acronyms mean?

A

IMHO – In my Honest Opinion

B

AMA – Ask me anything?

C

BAE – Before anyone else

D

DAE – Does anyone else?

E

DM – Direct Message

F

HIFW – How I feel / Felt when

G

IRL – In real life

H

PAW – Parents are Watching



SOCIAL MEDIA

ANSWERS



ROUND 3

NAME THAT SOCIAL MEDIA PLATFORM

A

...is the 2nd most popular social network and the 3rd most famous. ... is described by fans

A: Instagram

Visually impressive.

B

the most popular social network and the most famous. is described by fans as: Addictive,

B: Facebook

favourite.

C

... Is very popular amongst young people but not the older generation ... is described by fans as: A favourite,

C: Snapchat

D

..... is described by fans as: Informative, Always check it, Helps me keep in touch. Fans to

D: Twitter

quickly on this platform.

E

.... Is Interesting, Easy to use, A favourite, User

E: Pinterest

F

Helps me keep in touch, Couldn't do without it, Constructive, Informative and

F: LinkedIn

in a professional way

PINTEREST

INSTAGRAM

SNAPCHAT

TWITTER

FACEBOOK

LINKEDIN



SOCIAL MEDIA



ROUND 4

LINK THE RISK OF SOCIAL MEDIA. TO DESCRIPTION

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C

GROOMING

3

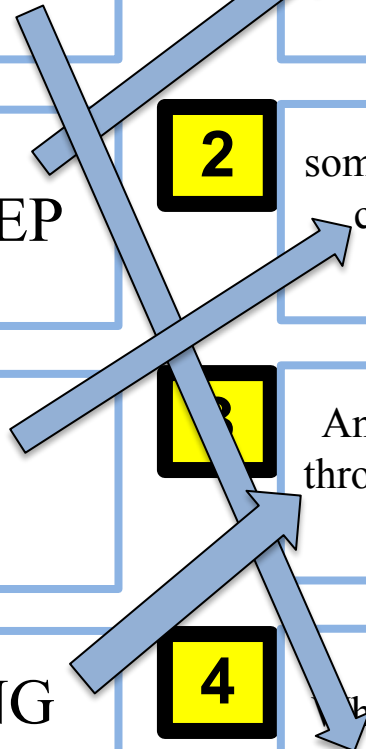
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LIFE COMPARING
TOOL

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SOCIAL MEDIA



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NUMBERS ROUND

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40%

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What % of 14 year old girls in the UK are on social media for more than three hours a day?

10%

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60%

85%



SOCIAL MEDIA



ROUND 6

ANAGRAMS –UNSCRAMBLE THE WORDS

Clue: Where can you go for help?

A CEOP – Child Exploitation and online protection

B PARENTS

C POLICE

D CHILD NET



SOCIAL MEDIA



ROUND 7

MULTIPLE CHOICE – GUESS CORRECT

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D

Which of these is the best selling PC game of all time around the world?

The Sims

Minecraft

PUBG – 47MILLION
COPIES

Warcraft



SOCIAL MEDIA



ROUND 8

OBSERVATION ROUND

A

What was the young boy dreaming of? **Computer**

E

What three coloured paint strips were behind the computer screen?
Blue, Red and Orange

B

How many people in the family?
Seven

F

How many paper airplanes were there? **Three**

C

What was the teenage girl dreaming of? **New Mobile Phone**

G

Did you see a pair of headphones in the picture? **No**

D

What colour was the car? **Blue**

H

What kind of food did the mum want? **Sushi**



SOCIAL MEDIA



ROUND 9

WORDSEARCH – FIND THE WORDS

O	K	M	J	Q	Y	I	F	G	X	F	I	G	Q	G
L	M	F	A	C	E	B	O	O	K	O	N	Z	K	R
S	N	A	P	C	H	A	T	O	E	P	S	A	A	E
Q	P	Q	H	W	K	K	U	G	Y	B	T	T	P	D
M	L	J	X	T	T	E	T	L	O	W	A	W	C	D
L	S	M	Z	H	H	S	P	E	U	E	G	I	X	I
I	T	X	Y	M	F	V	I	F	T	O	R	T	F	T
N	S	H	X	D	F	Z	N	U	U	W	A	T	I	N
K	R	A	C	L	J	J	T	W	B	V	M	E	J	Q
E	B	E	J	U	N	H	E	G	E	Y	R	R	M	
D	A	J	R	B	S	U	R	H	H	Z	B	U	T	V
I	K	L	A	T	C	C	E	B	W	Y	Q	V	L	H
N	M	B	O	D	R	M	S	H	C	R	O	X	E	Y
P	N	M	S	X	O	F	T	A	Z	T	G	B	O	N
J	A	C	I	Z	H	P	H	T	W	I	T	T	E	R

YOU HAVE FIVE MINUTES TO:

FIND ALL **10** SOCIAL MEDIA PLATFORMS HIDDEN IN THIS WORDSEARCH

Instagram

Pinterest

Linkedin

Twitter

Reddit

Google+

Facebook

Snapchat

Twitter

Youtube



SOCIAL MEDIA

ANSWERS



TIE BREAK

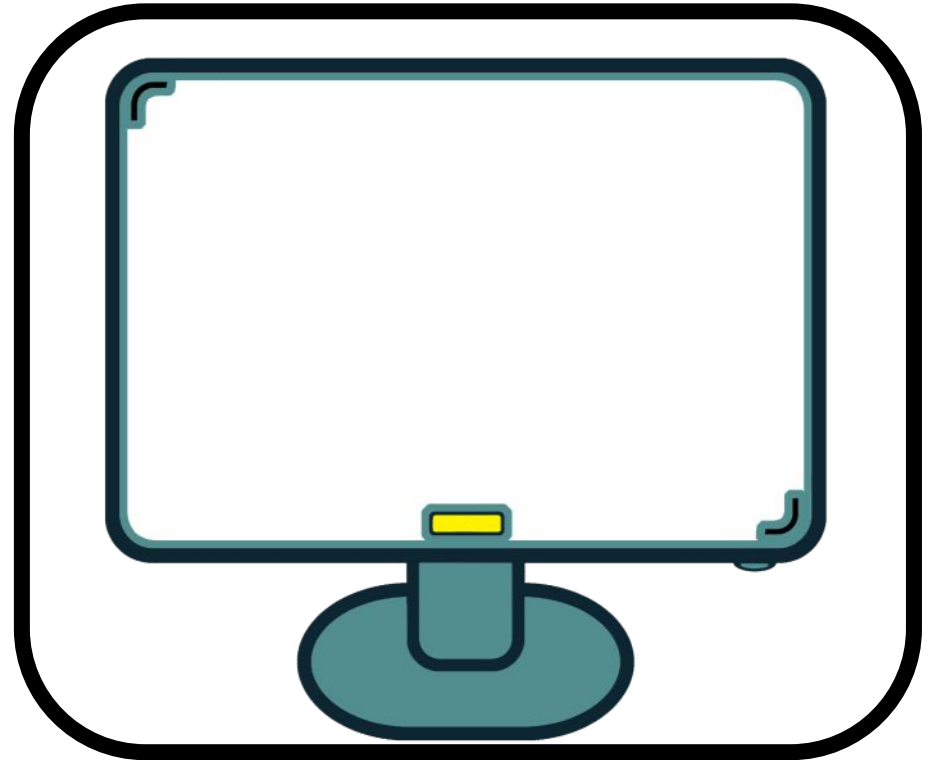
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BRONZE = 1 POINT



RESULTS

1st Place



2nd Place



3rd Place





CREATIVE CURRICULUM

QUIZ!



THANK YOU FOR PLAYING

RELATIONSHIPS & SEX EDUCATION

RIGHTS, RESPONSIBILITIES & BRITISH VALUES

CELEBRATING DIVERSITY & EQUALITY

STAYING SAFE ONLINE & OFFLINE

HEALTH & WELLBEING

LIFE BEYOND SCHOOL

IMPORTANT INFORMATION

SEEKING SUPPORT

Enjoy the lesson, Challenge your perceptions and **understand** how to seek further advice and support

IMPORTANT INFORMATION

FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS OR HEAD OF YEAR, TRUSTED ADULT OR FRIEND IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW - IT IS ALWAYS IMPORTANT TO TELL SOMEONE!

SUBMIT ANNONYMOUS QUESTION TO <https://riseabove.org.uk/wall/> or Visit <https://www.saferinternet.org.uk/advice-centre/young-people/resources-11-19s>

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- <https://healthyyoungmindspennine.nhs.uk/resource-centre/apps/>
- <https://www.mindcharity.co.uk/advice-information/how-to-look-after-your-mental-health/apps-for-wellbeing-and-mental-health/>
- <https://www.internetmatters.org>

2 Minutes

SIGNPOSTING
SUPPORT

HELP & SUPPORT
SERVICES

FURTHER
INFORMATION



REFLECTION PLENARY

I know if I need further support or help I could speak to.... or contact...

Before I could/would say and do ... but now I feel I am able to say

Before I only knew ... now I also know ...

I supported others by...

One thing I didn't realise was... now I know that...

The key words for this lesson are...

I always knew ... but now I can see how it connects to...

The most important thing I have learnt today is...

I'm really proud of the way I have...

I used to feel ... but I now feel ..

I would like to learn...

A question I would like to ask is...

Before I thought that ... but now I realise..

One assumption of mine that was challenged

Today I have tried to...

Next lesson I would like to..

Before I would have done... Now I will ...

Before I would have said ... but now I will say...

A problem I overcame today was...

2 Minutes



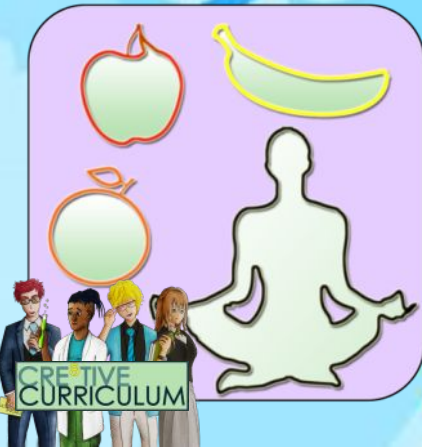
REFER TO MINDFULNESS

➤➤➤ POWERPOINT



Time for a little something extra?

?? Minutes



Social Media

QUIZ!



Team Name: _____

Team Members: _____

Round 1

Identify the person

A _____ D _____

B _____ E _____

C _____ F _____

Round 4

Linking Round

Trolling

Impact on Sleep

Grooming

Life comparing tool

Round 5

Numbers Round

A _____

B _____

C _____

D _____

Round 2

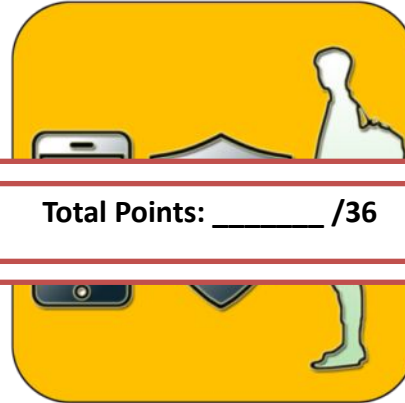
What do these social media terms mean?

A _____ E _____

B _____ F _____

C _____ G _____

D _____ H _____



Total Points: _____ /36

Round 6

Anagrams Round

A _____

B _____

C _____

D _____

Round 3

Social Media Round

A _____ D _____

B _____ E _____

C _____ F _____

Round 7

Multiple Choice Round

A _____

B _____

C _____

D _____

Social Media

QUIZ!



Team Name: _____

Team Members: _____

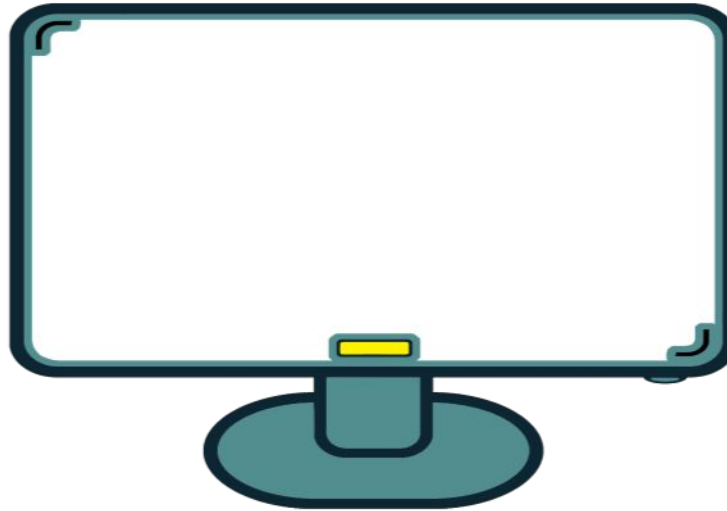
Round 8 Observation Round

A _____ E _____
B _____ F _____
C _____ G _____
D _____ H _____

Round 9 Wordsearch Round

1 _____ 6 _____
2 _____ 7 _____
3 _____ 8 _____
4 _____ 9 _____
5 _____ 10 _____

Tie Breaker Design Challenge



Assessment Rating



DIAMOND

49+

RUBY

44+

EMERALD

39+

SAPPHIRE

30+

AMBER

25+

Total Points: _____/36



Total Points: _____/18



Total Points: _____/54



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