



# SHOBNALL PRIMARY & NURSERY SCHOOL NEWSLETTER

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14<sup>th</sup> January 2022

*"Your life isn't yours if you always care what people think."*

Dear Parents/Carers,

Learning is in full swing and this week has seen many of the classes begin new units of work for this term! Positivity remains high and we have seen everything from French to Geography, PE to Music. Well done to all the children for their efforts and for making such a wonderful start to the new year! We have also had a focus in assembly on being active and how involvement in different kinds of physical activity helps us to think more clearly and encourages a healthy mind as we know happiness and health are closely linked. This discussion acted as a way of launching our trim trail project, which is being funded by the PFA. More on this in the forthcoming weeks...



Covid still very much remains prevalent and guidance has changed yet again this week. Please note the changes below and on the [Covid-19 Info](#) page on the school website.

Whatever it is that you are doing this weekend, we hope that you have a good one. We look forward to seeing you all again on Monday! Enjoy!



## PFA Meeting – Wednesday 19 January 2022

The PFA will meet for the first time this year on **Wednesday 19 January at 3.30pm** in the Year 6 classroom. If you are interested in joining us, please do come along as everyone is welcome! The PFA have done some fantastic fundraising already this year and are looking to generate more fundraising ideas for the remainder of this academic year. Alternatively, if you are unable to attend the meeting and would still like to get involved as a volunteer by helping out at events, please inform the school office who will forward your contact details to our Chair, Charlotte Hayes.

## Temporary Suspension of Confirmatory PCR Tests in Education and Childcare Settings

Confirmatory PCR testing following a positive result on a lateral flow device (LFD) have been temporarily suspended from Tuesday 11 January. This means that for all education and childcare settings, staff and pupils who have tested (either at home or through ATS) and reported a positive LFD result will no longer be advised to get a confirmatory PCR test.

This change is informed by public health advice. With high COVID-19 rates, the risk of a positive LFD result being false is very small. The government therefore don't need to ask people to do a confirmatory PCR unless they:

- have symptoms (in which case they need to follow the stay at home guidance and self-isolate)

- wish to claim the Test and Trace Support Payment
- have been advised to take a PCR test because they are in a clinically vulnerable group
- have been advised to do so as part of a research or surveillance programme



Education and childcare settings are not expected to trace contacts of a positive case as this will remain the responsibility of NHS Test and Trace. From Tuesday 11 January, contact tracing is triggered once a positive LFD test is reported.

Anyone with a positive LFD test result should self-isolate and follow self-isolation guidance.

Health Secretary Sajid Javid announced yesterday afternoon that the self-isolation period for people who test positive for coronavirus (COVID-19) will be cut to five full days from Monday 17 January. People will be able to leave isolation after producing negative lateral flow device (LFD) test results on days five and six of their isolation.

Information on the new arrangements can be found in the [stay at home: guidance for households with possible or confirmed COVID-19 infection](#).

### Online Safety Tips

Replika is an artificial intelligence (AI) chatbot companion that its developers claim users can form an actual emotional connection with. Once users have created an account and chosen a 3D avatar, they select the type of relationship they want with the chatbot: friend, mentor or romantic partner. Using a neural network to hold an ongoing one-on-one conversation, Replika gradually becomes more like the user as it gathers data from their responses. It isn't the only AI chatbot app available, but Replika pushes the boundaries of the concept to offer a highly realistic conversational experience.



In the guide, you'll find tips on a number of potential risks such as possible addiction, inappropriate content and in-app purchases.

# SwimRight

Swim Lessons by International Swimming Coach

**Nathan Hilton**

We're now taking bookings for our quality swimming lessons for children aged 3 years and older at The Pingle Academy Swimming Pool in Swadlincote, half hour lessons from 3.30pm to 5.30pm on Saturdays.

10 to 15 week courses running throughout the year working out at just £6.50 per lesson.

Small classes with no more than 6 swimmers per class.



*"I have been a Great Britain International swimming coach for over ten years and have extensive experience guiding swimmers from a young age through to International podium success."*

07948612237

[strokerightenquiries@gmail.com](mailto:strokerightenquiries@gmail.com)

**Facebook:** SwimRight Swim Lessons

**Insta:** @swimrightswimlessons

**Twitter:** @Swimrightlesson

## Reception Applications – Closing Date Reminder!

If you have not already applied for a place in our reception class for September, please note that the deadline for doing so is **15 January 2022**.

## Hot Lunch Options – 17 January to 21 January 2022



WEEK 1 17th Jan, 7th Feb, 7th Mar, 28th Mar	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Ham panini pizza	Sweet and sour chicken	Roast chicken and stuffing	Hot Dog Pork (option 1) Chicken Burger (option 3)	Battered fish
<b>VEGETARIAN MAIN DISH</b>	Cheese and tomato panini pizza	Vegetable curry	Quorn fillet and stuffing	Quorn Dog/Burger (option 2)	Cheese pin wheel
<b>ACCOMPANIMENTS</b> <span style="border: 1px solid purple; border-radius: 50%; padding: 2px;">5</span>	Herby diced potatoes Garden peas Baked beans Salad bar	Fluffy rice Carrot batons Broccoli Salad bar	Roast potatoes Green cabbage Sliced carrots Salad bar	Hash Brown	Chunky chips Baked beans Mushy peas Salad bar
<b>DESSERTS</b>	Marble sponge and custard	Ginger cookie	Rice pudding with fruit compote	Cookie	Fruit and ice cream
<b>FRESH FRUIT &amp; YOGHURT</b> <span style="border: 1px solid purple; border-radius: 50%; padding: 2px;">5</span>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>JACKET POTATOES &amp; SANDWICHES</b>	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	No Jacket Potatoes or sandwiches today	Jacket potato and sandwiches with various fillings

## School Uniform Exchange

Please don't forget the *school uniform exchange*, which continues! There is a box situated by the gate on the school car park for any parents who have items they wish to donate. Please could we ask that these are cleaned and in good condition before placing in the box! Amy Roobottom continues sorting and collating this. As previously stated, if you wish to contact Amy to ask what is available that you might be in need of, please contact the school office via [shb-office@shb.jtmat.co.uk](mailto:shb-office@shb.jtmat.co.uk) and we will ensure this is forwarded to her.



# SHOBNALL SHOWCASE!

Let's have a sneaky peek as to what has been going on in our classrooms this week...



## Nursery

The nursery children have 'rocketed' on with their learning this week, as they have completed a range of activities based on the story 'Whatever Next!' by Jill Murphy. To work on communication and vocabulary, fine motor skills and mathematics the children take part in Drawing Club where they have drawn and shared their ideas based on characters in the story, the setting and where Baby Bear could go on his next adventure in his rocket! In PE, Mr Attwood has introduced them to a character called Fast Freddie, who has taken the children up into space to practice different ways of moving and spatial awareness. The children have been fascinated by pictures of the moon and have loved looking at non-fiction books about the different planets.



## Reception

The children have had another busy week in Reception.

They have worked hard during Maths and have used positional and directional language brilliantly. They had great fun using the stories 'We're Going on a Bear Hunt' and 'Rosie's Walk' to support this. They had a wonderful time going on their own bear hunt acting out the story and becoming very animated in their re-telling of it.

The children have also been learning about healthy and unhealthy foods and the importance of having a balanced diet. They showed their understanding of this when making bear toast as they thought carefully about their choice of toppings.

They also showed some great skills when using the equipment. There was some very neat spreading which we were all impressed by! The children also used their maths learning to talk about the position of different food items on their toast. The best part of course was eating it which they all thought was yummy!



## Year 1

Year 1 have had a fantastic week! In English they have been writing a fact file on the famous astronaut Tim Peake. They have built on the fact file throughout the week by adding different information. In maths we have been continuing the topic 'adding to 20' and we have been applying different methods to help us solve word problems. We have also been continuing with our geography and this week the children have been exploring Google Earth. They have been able to identify countries and decide whether a country is going to have a hot climate or cold climate depending on its position on Earth. The children have also been looking at physical features and human features within Geography and today they have explored making their own City using junk modelling and Lego.

## Year 2

Year 2 have had a jam-packed week full of lots of learning! In Maths the children have been incredibly successful in their multiplication and division work. They have been looking at sharing into groups of 2s, 3s, 5s, and 10s, as well as how inverse operations can help us to check our working out. In English, Year 2 have been writing instructions to make Samphire Soup for the Snorgh from the story *The Snorgh and the Sailor*. All the children have worked exceptionally hard on their presentation and included imperative verbs, adverbs and time conjunctions! In the afternoons, Year 2 have been exploring a variety of religions and the core principles that underpin them. They are now able to describe the importance of The 5Ks, the 5 Pillars of Islam, and the 10 Commandments to their respective religions - It was lovely to hear lots of children talking so passionately about their own religious experiences.



## Year 3

Year 3 have had a very busy week this week. In Maths we have been comparing multiplication and division statements using  $<$ ,  $>$  and  $=$ . The children have been revisiting the knowledge acquired from our first multiplication and division unit to support them with this. In English, we have continued our learning of 'language play' and have written our own riddles using some interesting similes and metaphors. On Tuesday, we

began learning about bridges in our Geography lessons. The children became news readers and

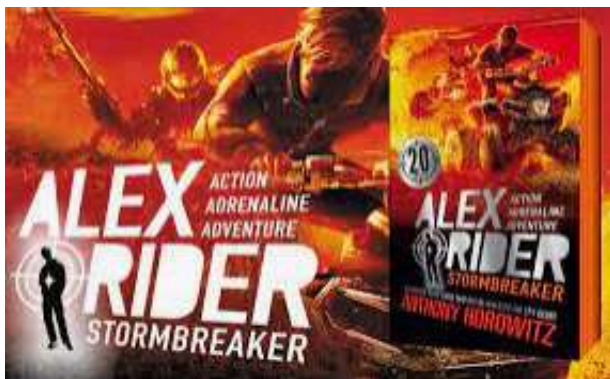
created a TV news report about 'Burton's Missing Bridges'. They explained to the listener why the bridges are situated where they are, the importance of the bridges to the town and what will happen without them. Some reporters were live on scene and even had an eye witness report! Well done for all of your hard work this week Year 3!

#### Year 4

We have had another wonderful week in Year 4 this week! In Maths, the children have shown real resilience this week, when learning how to multiply a two- and three-digit number by a one-digit number. In English, we have written our poem about winter, and I have loved reading these! The children have also started to look at adverts and they have been able to describe the key features of an advert and recall current adverts. We have also started our Geography topic this week, looking at capital cities. The children have been using the iPads to research information about different capital cities and they have loved immersing themselves into the different cultures around the world! Another fantastic week Year 4!

#### Year 5

Year 5 thoroughly enjoyed their first week back at swimming and they remembered the routines well. The pupils started to think about writing their own legend in English and they have created their own hero. There have been some superb ideas and I am looking forward to reading these at the end of next week. In maths, the pupils have done well when using the bus-stop method to divide. They have thought about this very methodically and they have understood the process really well.



#### Year 6

This week, we have been multiplying and dividing multiples of 10, 100 and 1000 and learning about decimals as fractions as part of our decimals unit in maths. In reading, Stormbreaker has got us all well and truly gripped with an action-packed chapter, where we have explored the meaning of new vocabulary and discussed why Anthony Horowitz chose particular words and phrases. During science,

we have been learning about our new topic of Evolution, where we identified how plants and animals are adapted to suit their environment in different ways. We worked in pairs to research an animal of our choice and identify how it has adapted in order to survive and will use this to produce an informative text including scientific vocabulary.

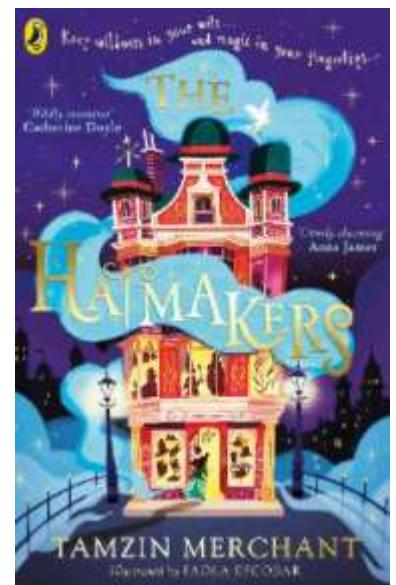
#### Reading Corner

This week's recommended read is for children aged 7+...

#### The Hatmakers

*Written by Tamzin Merchant*

Cordelia Hatmaker's family have been making magical hats by Royal Appointment for generations, weaving emotions and states of mind in with the carefully chosen feathers and furbelows. With the country teetering on the brink of war with France, they and the other Maker Guilds are called on to create a wardrobe to promote peace. Cordelia knows how crucial the work is – her father is missing at sea, presumed dead, and she doesn't want any other young people to feel the same grief. But someone seems to be using Maker enchantments to stir up hatred and division and it comes down to Cordelia and her friends Bootmaker Goose and light-fingered pickpocket Sam to save the day.



Filled with invention and mystery as well as some wonderful characters, this action-packed adventure sparkles, author Tamzin Merchant mixing just the right amounts of Georgian London and magic into the

story. Cordelia and her friends are excellent companions and readers will be eager for the next in this series.

### Head Teacher's Awards

<b>Reception</b>	Inaaya A	Yahya K
<b>Year 1</b>	Aiza L	Angus B
<b>Year 2</b>	Reece A	Safa Q
<b>Year 3</b>	Angelo M	Deivids K
<b>Year 4</b>	Keeghan B	Oscar T
<b>Year 5</b>	Isabelle J	Zara I
<b>Year 6</b>	Alfie L	Safi S

### Lunchtime Star Awards

<b>Reception</b>	Isla G
<b>Year 1</b>	Ava B
<b>Year 2</b>	Logan J
<b>Year 3</b>	Jibreel Q
<b>Year 4</b>	Florence W
<b>Year 5</b>	Amy R
<b>Year 6</b>	Fezaan A

### Team Points

Team Points	Claymills	Rosliston	Sinai	Trent
Points ( <i>Week Ending 14.01.22</i> )	171	141	157	167
Position	1 <sup>st</sup> – 4 Points	4 <sup>th</sup> – 1 Point	3 <sup>rd</sup> – 2 Points	2 <sup>nd</sup> – 4 Points
Running Total	7	2	4	7

### Spring Term Diary Dates

Event	Date/Time
Year 6 Laches Wood	Monday 31 <sup>st</sup> January 2022 to Friday 4 <sup>th</sup> February 2022 Inclusive
NSPCC Number Day	Friday 4 <sup>th</sup> February 2022
Parent Consultations	Monday 7 <sup>th</sup> February 2022 Wednesday 9 <sup>th</sup> February 2022
Safer Internet Day	Tuesday 8 <sup>th</sup> February 2022
School Closes for Half-Term	Friday 18 <sup>th</sup> February 2022
INSET Day	Monday 28 <sup>th</sup> February 2022
School Reopens for Pupils	Tuesday 1 <sup>st</sup> March 2022
World Book Day	Thursday 3 <sup>rd</sup> March 2022
Red Nose Day	Friday 18 <sup>th</sup> March 2022
Mother's Day Lunches – Reception	Monday 21 <sup>st</sup> March 2022
Mother's Day Lunches – Year 1	Tuesday 22 <sup>nd</sup> March 2022
Mother's Day Lunches – Year 2	Wednesday 23 <sup>rd</sup> March 2022
Mother's Day Lunches – Year 3	Thursday 24 <sup>th</sup> March 2022
Year 1 Class Assembly	Thursday 24 <sup>th</sup> March 2022
Mother's Day Lunches – Year 4	Friday 25 <sup>th</sup> March 2022
Mother's Day Lunches – Year 5	Monday 28 <sup>th</sup> March 2022
Mother's Day Lunches – Year 6	Tuesday 29 <sup>th</sup> March 2022
Year 3 Class Assembly	Thursday 31 <sup>st</sup> March 2022
School Closes for Easter	Friday 8 <sup>th</sup> April 2022

### Diary Dates 2021-2022

Event	Date/Time
School Closes for Half-Term	Friday 18 <sup>th</sup> February 2022
INSET Day	Monday 28 <sup>th</sup> February 2022
School Reopens for Pupils	Tuesday 1 <sup>st</sup> March 2022
School Closes for Easter	Friday 8 <sup>th</sup> April 2022

School Reopens for Pupils	Monday 25 <sup>th</sup> April 2022
May Day Bank Holiday	Monday 2 <sup>nd</sup> May 2022
Key Stage 2 SATs Week	Monday 9 <sup>th</sup> May 2022 – Friday 13 <sup>th</sup> May 2022
School Closes for Half-Term	Friday 27 <sup>th</sup> May 2022
INSET Day	Monday 6 <sup>th</sup> June 2022
School Reopens for Pupils	Tuesday 7 <sup>th</sup> June 2022
JTMAT INSET Day	Friday 8 <sup>th</sup> July 2022
School Closes for Summer	Wednesday 20 <sup>th</sup> July 2022



## What Parents & Carers Need to Know about

# REPLIKA



Replika is an artificial intelligence (AI) chatbot companion that its developers claim users can form an actual emotional connection with. Once users have created an account and chosen a 3D avatar, they select the type of relationship they want with the chatbot: friend, mentor or romantic partner. Using a neural network to hold an ongoing one-on-one conversation, Replika gradually becomes more like the user as it gathers data from their responses. It isn't the only AI chatbot app available, but Replika pushes the boundaries of the concept to offer a highly realistic conversational experience.

### WHAT ARE THE RISKS?

#### INAPPROPRIATE CONTENT

18

As its age rating suggests, Replika includes content that isn't suitable for children, such as flirtatious messaging and sexual role-play. While the developer has recently updated the app to ensure this can only be accessed by adults who select 'romantic relationship', there are numerous accounts online of sexual content being seen by younger users of the app.

#### NO SELF-AWARENESS

Replika is designed to seem very human, but it's important to remember that it's still an AI-powered chatbot that has no self-awareness. The app has (as numerous users have highlighted online) that the chatbot sometimes fails to filter out inappropriate content: one user reports, for example, that Replika shared upsetting views of vicious dogs.

#### NOT MEDICALLY CERTIFIED

Replika claims to be able to improve users' emotional wellbeing by easing feelings of anxiety and loneliness. However, its disclaimer states "we are not a healthcare or medical device provider - nor should our services be considered medical care, mental health services or other professional help services." There is no guarantee that Replika can help with mental health issues - it could, in fact, have the opposite effect.

#### POTENTIAL ADDICTION

Like many apps, Replika is addictive by nature. It encourages the user to provide more information so it can learn about them and become better at conversation. Not only does this mean your child could end up spending a long time on an app where they might share sensitive information, but also that they could find themselves forming an emotional attachment to the human-like chatbot.

#### IN-APP PURCHASES

Replika is free to download, but its developers do offer in-app purchases. Users can pay to upgrade to a 'Pro' version of the app, which unlocks extra content such as additional activities, conversation topics and the ability to hold voice calls with their AI companion. Users can also spend real-world money on the 'game' used to buy new outfits or different personality traits for their avatar.

## Advice for Parents & Carers

#### SET UP PARENTAL CONTROLS

Replika doesn't feature its own in-game parental controls, but most mobile devices come with these controls built in. On iOS devices, for instance, you can set content and privacy restrictions - so if you don't want your child to be using 17+ rated apps like Replika, you can adjust the settings to prevent these from being downloaded.

#### TALK ABOUT THE DANGERS

If your child is determined to use Replika and you're happy for them to download it, then it's vital you talk to them first about the possible dangers of this type of app. For example, it's key that they understand not to give out any information which is personal or could be used to identify them - and it would be prudent to warn them about the potential of being exposed to mature content on the app.

#### WATCH FOR WARNING SIGNS

If you're concerned that your child is spending too much time on Replika and might be forming an unhealthy emotional connection with this chatbot, it's important to look out for the warning signs. They may be giving increasing priority to the app ahead of more important everyday activities (such as doing homework or eating meals) or could be showing signs of irritability and a lack of concentration.

#### SEEK PROFESSIONAL HELP

If your child is suggesting that they should use Replika for mental health reasons - because they're lonely or having feelings of anxiety, for example - it would be sensible to recommend other options to them. Replika's developers freely admit that they are not a certified mental health service, so if your child needs help it would unquestionably be best to consult a qualified professional instead.

#### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech website The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



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