





WEEK 3 10th & 31st Jan, 28th Feb, 21st Mar	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Beef burger in a soft bun	Chicken and vegetable pie	Roast Chicken and Yorkshire pudding	Chilli beef	Fish cake
<b>VEGETARIAN MAIN DISH</b>	Quorn burger in a soft bun	Vegetarian Bolognese	Vegetarian toad in the hole	Cheese and vegetable frittata	Quorn Nuggets
<b>ACCOMPANIMENTS</b> 	Herby diced potatoes Baked beans Garden peas Salad bar	Mashed potatoes fluffy rice Carrot batons Broccoli Salad Bar	Roast potatoes Green cabbage Sliced carrots Salad bar	Potato wedges Cauliflower Garden peas Salad bar	Chips Sweetcorn Mushy peas Salad bar
<b>DESSERTS</b>	Chocolate crunch	Jam sponge and custard	Orange muffin	Fruit meringues	Fruit and ice cream
<b>FRESH FRUIT &amp; YOGHURT</b> 	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>JACKET POTATOES &amp; SANDWICHES</b>	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings