

Friday 11th October 2024



Wellbeing is at the core of our values in the early years and this is reinforced daily in numerous ways including celebration, regulation and affirmations.

To reinforce this and to support your child in recognising their positive qualities I would like them to design their own positive affirmations mirror!

I would like your child to decorate the mirror template brought home today (you could also create your own template.) As always please be as creative as you wish and use any mix of craft resources you have available. The centre of the mirror could be made of foil, shiny paper or an old CD disc. If you are struggling with this your child can add this to their mirror at school.

In addition, I would like your child to include some positive affirmations about themselves which you can add to the post it page (brought home today). These could include, 'I am amazing,' 'I am strong,' 'I am important.' etc.

Please return the completed mirrors and post it page back to school by Wednesday 16th October.

You can also add comments and photographs via ClassDojo messages.

Many thanks and have a wonderful weekend,
Miss Alexander





Some examples, the possibilities are endless!

