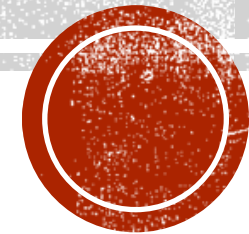




WHITEMOOR LAKES

Year 5 Residential Visit to Whitemoor Lakes, Alrewas

27th November – 29th November 2024





WHERE IS WHITEMOOR LAKES?

- **Located between Lichfield and Burton on Trent in the south-east of Staffordshire, Whitemoor Lakes is easy to access, just off the A38 and situated opposite the National Memorial Arboretum.**
- **The whole site looks on to a private and picturesque lake and surrounding farmlands, providing the ideal backdrop for fun, adventure and comfort.**





WHERE IS WHITEMOOR LAKES?

- It is a self-contained outdoor education centre and all of the activities are completed on-site over the course of our stay. [Home - Whitemoor Lakes](#)





WHAT ARE OUR OBJECTIVES FOR OUR STAY AT WHITEMOOR LAKES?

- **TEAM WORK** – Taking part in activities that promote working together, communication and co-operation.
- **PERSONAL DEVELOPMENT** – Taking part in activities that focus on personal achievement, such as conquering fears or learning or practising a new skill or sport.
- **LEADERSHIP** – Developing leadership skills by appointing leaders to set tasks, or encouraging them to set an example.
- **SOCIAL AWARENESS** – Promoting inclusion of self and others as well as learning to recognise others attributes and achievements.
- **INITIATIVE** – Problem solving and group decision making.
- **PHYSICAL CHALLENGE** – Participating in activities that are either very high in energy or involve the acquisition and practice of a new skill.





SAFETY, SECURITY & WELLBEING

- **There are fully trained and qualified staff based permanently at the centre, who lead the activities and help the children settle in.**
 - **Staff at Whitemoor uphold high expectations regarding behaviour and safety. They withhold the right to stop an activity if a child's behaviour could endanger themselves or others - this includes not listening to instructions.**
- **All staff who work at the centre are DBS checked.**
- **There will be other schools there, but each school has its' own private lodge and set mealtimes. Schools are not mixed for activities.**
- **Lodges are alarmed at night time. The alarms are linked so staff would be alerted if there was a disturbance.**
- **A member of staff from the centre is always on-duty overnight.**
- **Entrances and exits are security coded so only authorised personnel can gain access.**
- **As we are visiting at Christmas, all our activities will be Christmas themed!**



WHO WILL BE GOING?



Miss Martin-Mills, Mr Bishop, Miss Brewin, Mrs Johnston and Miss Donovan will be staying for the duration of the 3 days.



Mr Adams & Mrs Farrington will alternate visiting across the 3 days.

Staff from Whitemoor Lakes will be organising and running each activity.



OUR ITINERARY



- Arrive at school, usual time on **Wednesday 27th November**. We will meet in the hall with our suitcases.
- The coach will be leaving school at around 9.00am and will take us to the **National Memorial Arboretum** where we will spend the morning.
- Please provide the children with a packed lunch, as Whitemoor Lakes will not be providing us with a meal when we arrive.
- The coach will then take us to Whitemoor Lakes for 11.00am, where we will have our packed lunch, have a tour and make our beds before starting activities in the afternoon.
- There will be a full day of activities on **Thursday 28th November 2023**.
- We arrive back at school on **Friday 29th November**. Children can be collected at the usual time.





WHAT ACTIVITIES WILL WE BE DOING?

	Wednesday 1 st December				Thursday 2 nd December				Friday 3 rd December			
GROUP	11.00	2.00-3.30	4.00-5.30	7.00-8.30	9.30-1.00	11.30-1.00	2.00-3.30	4.00-5.30	7.00-8.30	9.30-11.00	11.30-1.00	2.00
1	Arrive & Welcome	Elf Show Time Circus skills	Target Training Archery	Carol Singing Campfire	Stealth Training Challenge Course 1	Chimney Climbing 1	Present Wrapping Eggs Can Fly	Elf Navigation training Compass Course	Elf Olympics Extreme Teams	Elf Team Games	Present Dropping Abseiling & Zip Wire 1	Depart & Goodbyes
2		Elf Show Time Circus skills	Chimney Climbing 1		Stealth Training Challenge Course 2	Elf Navigation Training Compass Course	Present Wrapping Eggs Can Fly	Target Training Archery			Present Dropping Abseiling & Zip Wire 2	
3		Present Wrapping Eggs Can Fly	Chimney Climbing 3		Elf Show Time Circus skills	Target Training Archery	Elf Navigation Training Compass Course	Present Dropping Abseiling & Zip Wire 1			Stealth Training Challenge Course 1	

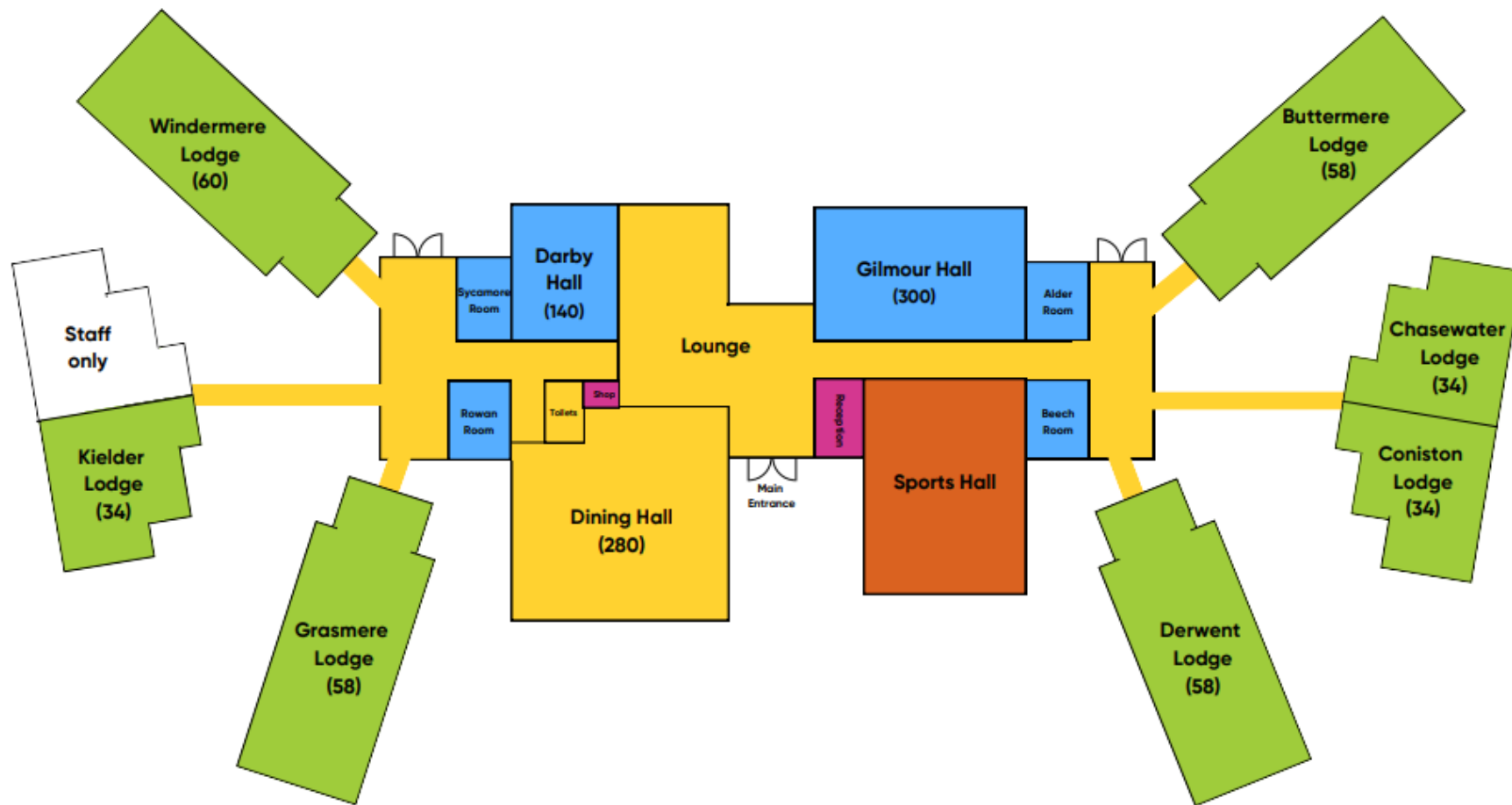





HOW WILL WE ORGANISE OUR GROUPS?

- Children will have dormitory groups and activity groups.
- When organising these groups, we will ensure that children have one chosen friend with them.
 - The ratio of staff to children (including staff from Whitemoor will be 1:3 at most times).
- I will organise the children into 3 groups, based on the forms they complete for activity groups.
- Dormitories sleep a minimum of 2 and a maximum of 4. Each room has an en-suite.

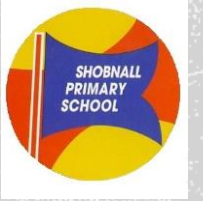


Site Map



-  Venue Rooms
-  Residential Lodges
-  Communal Areas





OUR LIVING ROOM

- We have our own breakout area, where will we meet in the morning before breakfast.
- This area will be looking very festive when we arrive!



FOOD STORAGE

- We have our own kitchen area where we can store snacks that the children are allowed to bring to keep themselves fuelled up during the day!



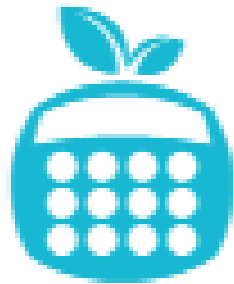


BEDROOMS



- Each room sleeps a minimum of 2 and a maximum of 4.
- There is a bunk bed as well as single beds in each room.
- Each room has its own en-suite, complete with toilet and shower.
- Storage to keep clothes and valuables.
- Boys will be on one side of the lodge with Mr Bishop, girls will be on the other with Miss Martin-Mills, Miss Brewin, Mrs Johnston and Miss Donovan.
- The lodge is alarmed at night.





Nut Free Site

WHAT WILL WE BE EATING?



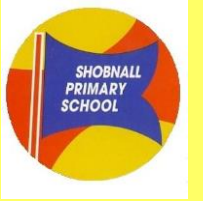
- 8:30am - Every morning the children have a choice of breakfasts: toast, cereals, fruit or cooked breakfast.
- 1.00pm - At lunchtime, they are given a choice of sandwiches, salad and hot options.
- 6.00pm - In the evening, they have a choice of three cooked meals, with salad options. One of our meals will be a Christmas dinner!
- They are allowed to bring healthy snacks for in between activities – these will be kept in boxes with staff as they are not allowed in dormitories.
 - Please do not pack the following snacks:
 - Chocolate
 - Sweets
 - Anything containing nuts
- All food choices include vegetarian options as well as halal options.



WHAT DO I NEED TO TAKE?

- Lots of **warm** clothes and **suitable** footwear – outdoor trainers, indoor trainers, wellies and slippers.
- Tracksuit trousers are better than jeans. Clothes will get dirty, so it is best to bring old ones rather than anything special.
- A warm and waterproof jacket.
- A towel/towels and a well stocked wash bag.
- Children can bring snacks to have in between activities. Please ensure these are in a box and labelled.
- Some money for the shop, pool table and vending machines. Change is useful.
- Please pack 'with' the children so they know what is in their bags and can plan their clothes for different activities.
- Bags for dirty washing and wet clothes.
- Nightwear/PJ's.
- All bed linen is provided – children will have to make their own beds, and strip them upon leaving.





CAN WE CONTACT HOME?

- We do not permit the children to phone home during the trip. Please do not bring mobile phones.
- Phone contact with home will only be made in the event of an emergency. Please could you ensure that your contact details are up-to-date via the office.
- We will inundate you with 'tweets' so you can see how much fun we are having!





ANY QUESTIONS!

Please don't forget to take a checklist with you!

Thank you for coming!

