



# Laches Wood

Outdoor Education Centre

Laches Lane

Slade Heath

Wolverhampton

WV10 7PA

Monday 27<sup>th</sup> January – Friday 31<sup>st</sup> January 2025



# Laches Wood

- ▶ <https://www.youtube.com/watch?v=TiBFJODwzs>
- ▶ Entrust Outdoors has a sixty-year pedigree of providing high quality outdoor education, with the skills and expertise to deliver a wide range of outcome focused activities.
- ▶ Laches Wood has a rich mix of natural beauty and woodland shelter, as well as indoor and outdoor adventure.
- ▶ Get active. Have fun. Make memories.

# Laches Wood

The adventure learning programmes stretch and challenge pupils, learning new skills whilst being active and having fun. Mind and body will be nourished, with pupils making memories to last a lifetime and to take with them as they go on to seek exploration in the world.

All activities are led by highly qualified, passionate, and active outdoor practitioners with great experience and some of this country's leading professional awards and training.

# Activities

include...

- Archery
- Axe Throwing
- Bushcraft Skills
- BMXing
- Canoeing
- Climbing & Bouldering
- High Ropes
- Indoor Caving
- Offsite Excursions
- Orienteering
- Search & Rescue

# Our example timetable



## Outdoor Education Centre Programme



SCHOOL:	<b>Shobnall</b>	DATES:	<b>27<sup>th</sup> – 31<sup>st</sup> Jan 2025</b>	NUMBER IN GROUP & TEAMS	<b>32 – 4 Teams of 8</b>	YEAR/S:	<b>Y6</b>		
SCHOOL STAFF:	<b>Miss Lord +2</b>	COURSE & AIMS:	<b>5 Day Explore &amp; Inspire</b>						
LEAD INSTRUCTOR:		PROGRAMME WRITER:	<b>Martin Kirby</b>	CLASSROOM BASE:	<b>Laches</b>	ACCOMMODATION:	<b>Mountain</b>	COACH:	

		A+B			C+D			STAFF
<b>Monday</b>	Morning 10.30am – 12.30	10:30am - Arrive and introductions Settle into the centre						
	Afternoon 1.45pm – 5pm	Caving Biking			Biking Caving			
	Evening 7pm – 8pm	Global Domination						
<b>Tuesday</b>	Morning 9.30am – 12.30	High Ropes				High Ropes		
	Afternoon 1.45pm – 5pm	Search and Rescue				Search and Rescue		
	Evening 7pm – 8pm	Scavenger Hunt						
<b>Wednesday</b>	Morning 9.30am – 12.30	Bushcraft				Bushcraft		
	Afternoon 1.45pm – 5pm	Climbing Rock Room				Rock Room Climbing		
	Evening 7pm – 8pm	Campfire						
<b>Thursday</b>	Morning 9.30am – 12.30	Day Expedition to Carding Mill Valley						
	Afternoon 1.45pm – 5pm							
	Evening 7pm – 8pm	Photo Trail						
<b>Friday</b>	Morning 9.30am – 12.30	Archery Axe Throwing				Archery Axe Throwing		
	Afternoon	Depart – 1:30pm						

## Staff and Groupings

Miss Lord, Mr Bishop, Mrs Traczyk and Mrs Johnston will be going to Laches Wood. If you have any problems whilst you are there then please do come and tell us and we can sort it for you.

Activities will be carried out within our school group. You will be split into 4 different teams (working two teams together) accompanied by a member of Shobnall staff as well an activity leader from the site.

# Outdoor Education Menu

<b>Breakfast</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops
	<b>ALSO AVAILABLE:</b> Fresh Fruit, Yoghurt, Cereals, Toast, Crumpets & Pancakes with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice			

**Lunch:** Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink

<b>Dinner</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>
	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Classic Beef Burger or Veggie Burger with Potato Wedges	Chicken or Veggie Korma with Pilau Rice	Margherita Pizza with Fries & Beans
	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Chicken Nuggets with Potato Wedges	Fish Fingers with Chips	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread
	<b>Veg of the Day</b>			
Iced Sponge & Custard	Chocolate Mousse	Chocolate Shortbread & Custard	Ice Cream	

**Jacket Potatoes or Classic Tomato Pasta**

**Supper**  
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

# What is needed?

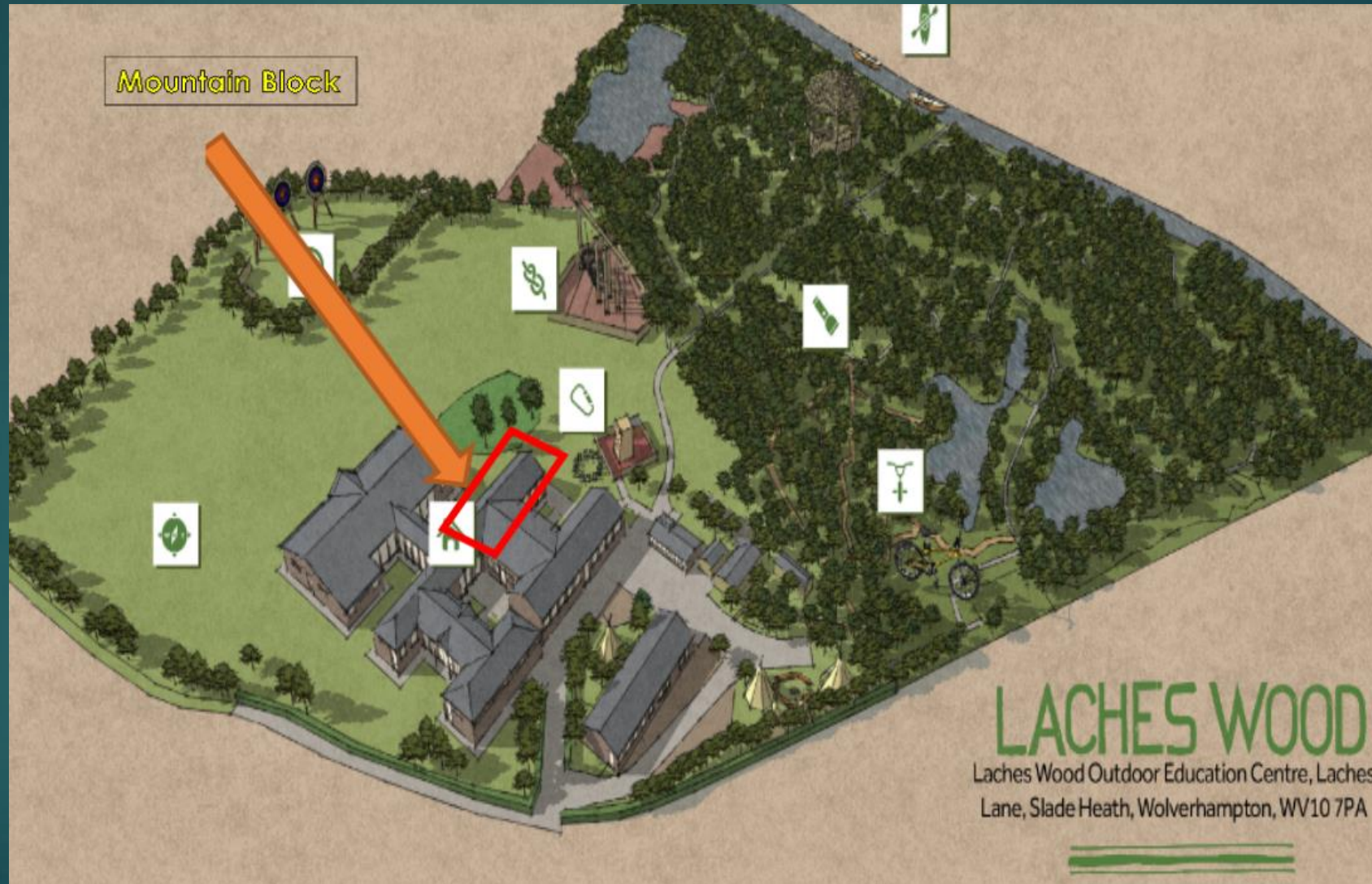
- The check list has been compiled to help you prepare for your visit – comfortable clothes are great, avoid jeans!
- Entrust Outdoors will provide all specialist and safety equipment required for the activities.
- Please label all items of clothing.
- Pocket money £5? Tuck shop
- Please do not bring mobile phones; school staff will arrange contact with home if necessary. Please do not bring electrical items such as iPods, games devices etc.
- Children can bring some snacks/sweets to consume within the week. However, they will be handed in and kept in our meeting area and not to be in dormitories. There may be other visitors on site who may have allergies which may react to your snacks. No products containing nuts in any event please.



Accommodation	
Dormitory	Camping
Single duvet cover, single sheet and two pillowcases. (Entrust will provide a duvet and two pillows)	<del>Sleeping bag, pillow with pillowcase (Entrust will supply sleeping mats)</del>

Item	Number	Packed at Home
(Example) T Shirts	4	✓
Underwear		
Socks, including warm, full length long socks for walking		
T-shirts		
Trousers/tracksuit bottoms and shorts		
Warm jumpers		
Outdoor trainers x 2 pairs		
Walking boots (if you have them)		
Indoor footwear e.g. slippers or sliders		
Wellingtons		
Waterproof and warm outdoor coat		
Nightwear		
Hat, gloves, scarf		
Sun hat, sunglasses, sun cream		
Wash kit		
Towel		
Water bottle – 1 litre, leak proof is good		
Torch		
Packed Lunch for first day of the visit <b>*No food containing nuts please*</b>		
Additional Items		
Pocket money for souvenirs		
Plastic bags for wet and dirty clothes		
Lip Salve		
<b>Medication if required. Labelled and given to the Visit Leader</b>		
Pens, pencils and a book to read		

# Accommodation



# Accommodation

- All external doors are alarmed in the dormitories. The dormitories will only have Shobnall Year 6 children in them. Main doors require a key code to access.
- Room sizes vary from 6 to 8 children. Girls/boys will sleep separately, as well as having separate shower facilities. The children will all be sharing a room with at least one person they have written down.
- The children are required to make their own beds. Duvets and pillows are provided, but the children must have their own single duvet cover, a bottom sheet and one pillowcase.
- It will be the children's responsibility to look after their own items and keep their rooms tidy.

# Thank you

Please take a kit list and medical form (to be completed and handed in as soon as possible). Any medications to be discussed and handed to me on the Monday morning.

Any changes in medical notes between now and the trip please let me know.

